Happy Spring Everyone!!!

Thank you Carbon County 4-H Leaders for all the time and talents you share with others! 4-H would not be possible without you! Members, be sure to let your Leaders know how important they are to you. **April 6th-13th is National Volunteer Week**, but you can celebrate your Leaders all year long!!

It is important to read the 4-H newsletters, calendar, guide book, and mailings very carefully as they will contain valuable information about due dates, upcoming opportunities and any other changes that may occur.

**Just a reminder to all of you 4-H’ers start working on your Portfolios! You should have your goals written. This will make finishing out your portfolios in August much easier!!** **Sept. 5th**, is when portfolios are due this year....by 5pm to the Extension Office, along with Educational Op’s and Community Services.**

*Stay up to date by viewing the Carbon County 4-H Facebook page!*  
[https://www.facebook.com/pages/Carbon-County-4-H/563622866982290](https://www.facebook.com/pages/Carbon-County-4-H/563622866982290)

Would you prefer to receive or view Carbon County 4-H information in a paper newsletter, or email. Let me know! ccraig@uwyo.edu or 328-2642
4-H Planning Ahead

General:
July 17 Project enrollment Add/Drop deadline to show project at Fair
July 17 All 4-H and FFA Fair entries Due to Extension Office by 5 pm
July 24 Last Day to turn in 4-H and FFA Fair Entries with $20 late fee— to Extension
July 31 - Aug 9 Carbon County Fair 2014
Aug. 9-17 State Fair 2014 in Douglas
Sept 5 All Portfolios, Ed Ops., Community Service Due to Extension Office by 5 pm

Animal Projects & Events:
May 1 Dog and Horse ID’s are due to the Extension Office
May 11 Carbon County Steer & Heifer Show 12:30 pm @ 7Bar Arena
May 16 Sheep, Swine, Goat—Weigh and Tag - Rawlins 4 pm @ Fairgrounds
May 21 Sheep, Swine, Goat—Weigh and Tag - Encampment Arena @ 4 pm
May 22 Sheep, Swine, Goat—Weigh and Tag - Saratoga High School @ 5 pm
May 24 State Horse Camp registration due to State 4-H office
May 28 Sheep, Swine, Goat—Weigh and Tag - HEM School @ 4 pm
June 1 All Sheep Swine, and Goats must be owned by this day
June 19-22 State Horse Camp in Douglas
June 21 Lions Club Horse Show in Saratoga Reg. @ 8am Show @ 9 am
June 20-21 UW Cowboy Youth Classic in Laramie
June 28 Lions Club Horse Show in Rawlins Reg @ 8 am Show @ 9 am
July 1 All Horse Safety Certifications Due to the Extension Office by 5 pm
July 19 Lions Club Horse Show—Encampment—Registration 8 am/ Show 9 am
July 26 Carbon County Open Class Horse Show in Rawlins

All Non—Animal Projects & Events:
April 1 Month of Military Child Proclamation Signing @ Commissioner Mtg 2 pm
April 5-10 National 4-H Youth Conference in Washington DC
April 6-13 National Volunteer Week—Be sure to thank your Leader(s)!!
April 15 Purple Up Day!! **Wear purple to show support for military kids!
April 21 Registration due for State Wool & Meat Contest
April 24 Ag Expo for Carbon County 4th Graders @ Fairgrounds 9-2pm
April 25-26 State Wool & Meat Judging Contest—Laramie
April 25-26 Big Wyoming Horse Expo—Douglas
April 30 Applications Due for National Shooting Sports Invitational in Nebraska
May 15 Savery Savers Community Service Project 5 pm @ Bob & Christy Stock’s
May 17 Fun Shoot Saratoga - Saratoga Gun Club at 1 pm
May 31 Youth Applications due for: State 4-H Leadership Team & National Congress
June 3 Showcase Showdown Registration Due to Extension Office
June 4 County Shoot Entries Due to Extension Office by 5 pm
June 7 County Shoot in LSRV Shooting Range at 8 am
June 13 State Shoot Entries Due to Extension Office by 5 pm
June 14-21 4-H Citizenship—Washington Focus in Washington DC
June 24-29 National Shooting Sports Invitational in Nebraska
June 25 - 27 Showcase Showdown—Laramie
June 30 CC 4-H Sr Award Trip Applications due to Extension Office by 5 pm
July 10-13 State Shoot - Douglas
July 21 CC 4-H Jr & Int Awards Trip Applications due to Extension Office by 5 pm
Citizenship Washington Focus (CWF) is a week-long 4-H citizenship program for youth ages 14-19 that takes place at the National 4-H Youth Conference Center, just 1 mile from the Washington, DC border. Every summer, thousands of young people participate in the program, which provides opportunities for them to:

- strengthen their communication, leadership, and citizenship skills on a national level
- understand the importance of civic and social responsibilities as they relate to the development of better citizens and leaders
- exchange ideas, practice respect, and form friendships with other youth from diverse backgrounds.
- experience hands-on learning using the historical backdrop of Washington DC.

http://www.uwyo.edu/4-h/youth/travel/cwf/index.html
http://www.uwyo.edu/4-h/youth/travel/lwf/index.html

Congratulations to the youth listed below!!! They will represent Wyoming during the National 4-H Conference in Washington D.C. on April 5-10. Cathy Craig is joining them as chaperone and will be traveling with the group for their adventures...

Jacquelyn Cobb—Carbon Co.
Robert Espy—Carbon Co.
Timothy Heward—Carbon Co.
Katelyn Olson—Carbon Co.
Alicia Downare—Johnson Co.
Jacyee Hendrickson—Lincoln Co.
Wyatt Rauterkus—Lincoln Co.
Alyssa Barnsdal—Niobrara Co.
Linee Hanson—Niobrara Co.
Ashley Johnson—Platte Co.

http://www.uwyo.edu/4-h/youth/travel/national4hconference/index.html

Email: 4-H@uwyo.edu
Respect can be both given and/or received. Depending on an individual's cultural reference frame, respect can be something that is earned. Respect is often thought of as earned or built over time. Often, continued caring interactions are required to maintain or increase feelings of respect among individuals. Chivalry, by some definitions, contains the outward display of respect.

Respect should not be confused with tolerance, since tolerance doesn't necessarily imply subordination to one's qualities but means treating as equal.

Mahandas Gandhi, a historical icon of the late 1800’s early 1900’s is one example of a person that exemplifies the character trait respect. Throughout his life Ghandi peacefully and respectfully stood for his beliefs with an indispensable sense of honor: respect for all human life, which began with self respect.

From Character is Destiny by John McCain and Mark Salter

### 4-H Activity

**Role Play Charades of Being Respectful**

1. As a group, write ideas on chart paper of respectful and non-respectful behaviors (holding door open, picking up garbage off the floor or not holding the door and throwing garbage on the floor)
2. Have members get into small groups and choose one of the ideas from the chart to act out in front of the group.
3. Have the group guess which scenario they are acting out and debrief by discussing why the behavior was respectful or disrespectful. Ask members why it is important to be respectful. How do they feel when someone disrespects them?

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**Clover Connection**

**Head** - Choose your language carefully when speaking to people, keeping it age appropriate

**Heart** - Respect others who have different cultures, religions and ideals than you.

**Hands** – Demonstrate respect by using your hands to help someone (hold a door open, help unload groceries, etc).

**Health** – Respect your health by respecting the environment

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Like this activity? Find more like it in the “Good Ideas Book” at your local Extension Office
Scholarships Available
The following is a list of Scholarships available. Please check out the websites listed below or call the Extension office for an application.

- Carbon County Stock Growers Assoc. - Due April 15th
- Carbon County Farm Bureau Scholarship - Due April 15th
- Carbon County Commissioners’ Scholarship - Due April 25th
- www.carbonwy.com
- Wyoming Assoc. of Fairs Scholarship - Due May 1st
- http://www.wyomingfairs.org
- Steer and Heifer Show Scholarship – Due June 1st

**UW Cowboy Youth Classic**
The dates for this year’s UW Cowboy Youth Classic are June 20 & 21, 2014. Look for information and registration by going to [http://www.uwyo.edu/anisci/events-and-web-series/cowboy-youth-classic.html](http://www.uwyo.edu/anisci/events-and-web-series/cowboy-youth-classic.html)

***REMEMBER***
Please don’t forget to get your 4-H leader and member enrollment and re-enrollment forms in as soon as possible! You are not insured while attending 4-H events without having a current enrollment form on record and entered in the state 4-H program. Also, if you received anything in the mail to be signed, please return that as soon as possible! THANK YOU!!!

Get started on your 2014 Portfolio!
Don’t wait until September! Word documents or PDFs can be downloaded from the 4-H website:

[http://www.uwyo.edu/4-h/portfolio/index.html](http://www.uwyo.edu/4-h/portfolio/index.html)

Please turn in ASAP!!!!

**DOG PROJECT**
- Youth must be enrolled in the 4-H Dog project in order to attend practices.
- Dog I.D.’s must be filed for each dog you intend to exhibit in the 4-H show at the fair. This includes:
  A. Completed dog I.D. sheet
  B. Vaccination record from Veterinarian
  C. Agility dogs must be officially measured for size before fair. *Your 4-H Leader will do this.*
Each youth enrolled in the 4-H horse project will need to fill out 2 forms for each horse. There is a Horse ID Sheet Form that also must have photos (all 4 sides of the horse) and the Horse Safety Certification Form. The Horse ID form must be postmarked by May 1, 2014. Once you have filled out the Horse ID Form, you will need to complete the Horse Safety Certification form by July 1, 2014 on EACH horse you intend to ride. (If you have already completed the Safety Certification and the ID form, and you plan to ride the same horse again... please submit written notification (mail, email or fax) that you intend to ride the same horse(s) again. This is also due **BY MAY 1ST**.

If you do not submit the forms or notification on time, you will not be allowed to show your horse in the youth horse shows at the 2014 Carbon County Fair.

**Remember there are 2 deadlines for the horse project, May 1, for Horse ID Forms (and pictures with a clear view of the horse on all 4 sides) or Notification that you are riding the same horse(s) and July 1 for Safety Certification Forms.**

*Please see the 4-H Calendar (April) for more details.
*Contact the Extension Office 328-2642 for these forms or with any questions.

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Lions Club Horse Shows
Registrations at 8 am, Shows begin at 9 am
June 21, 2012 - Saratoga
June 28, 2012 - Rawlins
July 19, 2012 - Encampment

**Wyoming 4-H State Horse Camp**

will be held June 19-22, 2014 at the Wyoming State Fairgrounds in Douglas, WY. Registration is limited to 70 participants and is filled on a first-come, first-served basis.

*Online registration closes May 27, 2014.*

http://www.uwyo.edu/4-h/youth/horsecamp/horse-camp-info.pdf

**Horse Camp is designed to provide practical, hands-on training. The major emphasis of the camp is to improve safe riding and handling skills.**
Celebrate 100 Years of Wyoming 4-H.... Invite someone new to join

Can you believe Wyoming 4-H has been around for 100 Years?!

4-H was formed as the result of dedicated, forward-looking people, interested in youth education. In 1902, A. B. Graham, an Ohio school superintendent, organized a boys’ and girls’ club with a home project based on corn. This became the first 4-H club.

By 1913, the University of Wyoming College of Agriculture had 125 boys and girls enrolled in 4-H. The initial objective of the clubs was to influence the farm and home practices of their parents. Extension staff outlined project work. In 1917 the first full-time boys’ and girls’ 4-H club agent was hired in Sheridan County to work with the 74 rural schools in the county. By 1919 there were 96 clubs across Wyoming with an enrollment of 1,562 members growing to more than 3,000 youth in the 1930’s. Work was being carried out in eight project areas including corn, potato, home gardening, canning, poultry, pig, sheep and sewing.

The University of Wyoming 4-H Youth Development Program continues to fulfill its mission of: “4-H empowers youth to reach their full potential, working and learning in partnership with caring adults”. County 4-H educators partner with 2,579 adult volunteer leaders to provide opportunities for youth to reach their full potential through UW 4-H. As 4-H grows, the types of projects change to reflect new youth interests and support programming in science, technology, engineering and mathematics; healthy living; and citizenship. Today, there are 621 4-H clubs where almost 7,000 youth enroll in more than 50 4-H projects. Members are learning how to build rockets, gluten free cooking, and developing skills to be a global citizen. Projects with the highest number of youth enrolled include shooting sports (1,842), swine (1,722), horse (1,371), photography (1,307), and sheep (1,269). While the majority of youth enroll in the 4-H club program, many youth also participate in camping, afterschool 4-H programs, and school enrichment.

***UW Extension 4-H website: [http://www.uwyo.edu/4-h/100/](http://www.uwyo.edu/4-h/100/)

SHARE YOUR 4-H STORY!!
Stories from 4-H Alumni are being gathered to commemorate Wyoming 4-H’s Centennial.

*Please go to [http://www.uwyo.edu/4-h/100/alumni-search.html](http://www.uwyo.edu/4-h/100/alumni-search.html) to share stories and experiences you have gained through 4-H.

June 25-27, 2014
(**Registrations Due June 3rd to CC Extension Office**) The Wyoming 4-H Showcase Showdown will be held in Laramie! Youth will have the opportunity to participate in contests, workshops, tours, and many other fun activities during this 3 day event. Visit...[http://www.uwyo.edu/4-h/showcaseshowdown/index.html](http://www.uwyo.edu/4-h/showcaseshowdown/index.html) for more details. Interviews will be conducted for those who apply to be on the Wyoming State 4-H Leadership Team, as well as youth interested in being delegates to represent Wyoming at the National 4-H Congress (**Applications due May 30, 2014**). For that visit...[http://www.uwyo.edu/4-h/youth/travel/national4hcongress/index.html](http://www.uwyo.edu/4-h/youth/travel/national4hcongress/index.html)
**CARBON COUNTY 4-H SHOOT**
Saturday June 7th, 2014
Baggs, WY  Begins at 8 am

**Entries Due to CC Extension Office on Wednesday, June 4th 2014.**

*WYOMING STATE SHOOT*
July 10th-13th - DOUGLAS, WY
The Wyoming 4-H State Shoot host to over 600 youth who showcase their shooting skills in seven different disciplines. The event takes place in Douglas WY.

Please visit: [http://www.uwyo.edu/4-h/youth/contests/stateshoot/index.html](http://www.uwyo.edu/4-h/youth/contests/stateshoot/index.html) for the most up to date information. This web site will have all the necessary information from updated Rules, Hotel room blocks in Douglas, schedules, guides and maps. **REGISTRATION IS DUE TO THE EXTENSION OFFICE ON JUNE 13TH, 2014**

**Saratoga Annual Fun Shoot**
At the Saratoga Gun Club
Saturday, May 17th, 2014  begin at 1:00 pm
*For details call Mike Moon at 327-5315

**Platte River Shootout!! Saturday, July 19, 2014**
(Barbecue and Calcutta- Friday, July 18th) Information?  
[https://www.uwyo.edu/4-h/_files/foundationfundraisers/2014-platte-shootout.pdf](https://www.uwyo.edu/4-h/_files/foundationfundraisers/2014-platte-shootout.pdf)

**Wyoming 4-H Email Shooting Match**
This event provides an opportunity for youth to compete in shooting sports, in their own county, and have their scores tabulated and compiled with others competing around the state.

Contact your shooting sports leaders or the CC Extension Office for more information. Each week final scores are sent via email to the State 4-H Office. Check it out at [http://www.uwyo.edu/4-h/youth/contests/emailshoots/index.html](http://www.uwyo.edu/4-h/youth/contests/emailshoots/index.html)

**Raton, NM Shooting Sports Award Trip:**
Fourteen Wyoming 4-H members are selected each year to attend an awards trip to the NRA Whittington Center in Raton, NM. Twelve winners are selected during the Wyoming 4-H State Shoot based on their outstanding shooting skills and two additional winners are selected based on portfolios submitted demonstrating their passion for shooting sports. To determine the top twelve competitors at State Shoot, point values are assigned to senior-aged youth who indicate they would like to qualify for the trip. Points are obtained for up to three disciplines in which they finish in the top ten.
The deadline to submit a portfolio for consideration will be July 25th. You may contact the State 4-H Office at 307-766-5170 or go to 4-H@uwyo.edu regarding any questions you may have regarding this trip. **This trip will take place on Sept. 10-14, 2014.**

[http://www.uwyo.edu/4-h/projects/shootingsports/raton.html](http://www.uwyo.edu/4-h/projects/shootingsports/raton.html)

**2014 National Shooting Sports Invitational**
June 24-29, 2014
Grand Island, Nebraska
Application due in the Wyoming State 4-H office by **April 30, 2014**
*Application is a fillable form online by going to: [www.uwyo.edu/4-h/youth/other/national4hshoot](http://www.uwyo.edu/4-h/youth/other/national4hshoot)
Livestock Information:

*Before swine are allowed on scale, point of origin (bill of sale) must be shown. Health inspection papers are required for out of state swine. *Sheep and goats must have scrapies tags in their ears before they are allowed on scale.

Questions...? See 4-H Calendar (May) or call the Extension Office @ 328-2642

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The Wyoming State Veterinarian suggests that any exhibitor/swine project owner (youth) should be careful about purchasing swine from out of state and should take precautions to not buy animals from areas where PEDv (porcine epidemic diarrhea virus) has been found. This is especially true for youth who are involved in production and might have brood sows in their herd that could be exposed to PEDv by bringing in a new animal that may have been exposed to PEDv. For the latest Check-Off Funded PEDv information and resources, go to: pork.org/pedv

Please help out the youth in your club involved in the swine project by teaching them about the OCVI and consider ways in your club and community to limit the risks for the spreading of this virus. You might consider involving your local veterinarians for presentations on biosecurity, health, vaccinations, etc., with your club. The Wyoming State Veterinarian and 4-H continue to encourage education and practices of biosecurity to help minimize the spread of disease from site to site.

Johnathan Despain
State 4-H Program Coordinator
University of Wyoming Extension
1000 East University Avenue, Dept. 3354

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Stay updated on livestock sales...
http://www.uwyo.edu/4-h/youth/other/livestock-sales/index.html

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Sheep & Goat
JUNE 1st is the ownership deadline for all sheep and goat projects.
Youth must be enrolled in the Market Sheep and/or Market Goat project before tagging.
Market animals must be tagged and weighed on one of the Carbon County Weigh/Tag days in May.
Scrapies tags must be IN the animals ear (not attached to other tags) before the animal is allowed on the scale or tagged. In order to sell, black and speckle face lambs must weigh 100 lbs. and white face lambs must weigh 90 lbs.
Market goats must weigh a minimum of 50 lbs. on the Fair weigh day.
The maximum pay weight for sheep is 140 lbs. Goats are sold by the head.

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SHEEP, SWINE AND GOAT WEIGH/TAG DAYS
May 16th: Rawlins Fairgrounds 4 pm
May 21st: Encampment Arena 4 pm
May 22nd: Saratoga High School 5 pm
May 26th: HEM High School 4 pm
May ?? TBA: LSRV Event Center

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CARBON COUNTY STEER & HEIFER SHOW
**Plan on attending ... The 2014 Annual Mother’s Day Show!! Whether your competing or out on a Sunday drive….Everyone’s welcome!!! Sunday, May 11th
**More details as it gets closer.

Do you ever wonder what’s going on in 4-H?? Contest, events, travel opportunities, and/or programs?? You can check all this information by going to: http://www.uwyo.edu/4-h/youth/

Do you ever wonder what the results are from a 4-H contest or competition or judging?? Well there is a place to find that!! Just go visit...
http://www.uwyo.edu/4-h/results.html
**MOVE IT! MOVE IT !! MOVE IT !!!**

**Celebrate 100 Years of Wyoming 4-H!**

“Move It” to the 2014 Wyoming State Fair

Keep track of physical activity while you "move it" to the 2014 Wyoming State Fair. The goal is to get moving so no motorized vehicles. Get your friends involved- Get your family involved!! Go walk, swim, hike, bike… **Always Remember Safety!!** *All participants will receive a t-shirt.* There is not a specific distance which must be covered but multiple entries may qualify participants for additional prizes! For more information visit... [http://www.uwyo.edu/4-h/](http://www.uwyo.edu/4-h/) and click on “Move it!” to register.

All activities must be entered by July 31st, 2014 to …. [wilsonma@laramie1.org](mailto:wilsonma@laramie1.org)

*You do not need to be at State Fair to receive t-shirt. These can be picked up or mailed to you.*

**FUN 4-H FACT:** 4-H is one of the largest youth development programs in the country, with more than 60 million members and 640,000 volunteers nationwide. Studies show that 4-H members do better in school and are more motivated to help others.

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**April 15th Wear Purple!!**

For military kids

April marks the nation’s “Month of the Military Child”, a time to honor youth impacted by deployment. In celebration we are encouraging everyone to **WEAR PURPLE** on **Tuesday April 15th** as a visible way to show our support and thank military children for their strength and sacrifices.

*Email pictures of you and your friends wearing purple and we can post them on the 4-H Facebook page!! (with your parents permission of course) Email photos to [ccraig@uwyo.edu](mailto:ccraig@uwyo.edu) or Bring photos by the Extension Office! Thanks!*

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**Western National Roundup Award Trip**

Each year Wyoming 4-H members qualify through various competition's to attend the Western National Roundup in Denver, CO. This is an opportunity to travel and meet youth from other states, compete outside of Wyoming, and have fun. (Fashion revue, Livestock judging, presentations meat judging, wool judging.. Etc.) This will take place in January 8-11, 2015. For more details visit [http://www.westernnationalroundup.org/](http://www.westernnationalroundup.org/)

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**“SENIOR AWARDS TRIP”**

All Senior 4-H Members (ages 14-18 years of age) are encouraged and invited to participate in the annual Senior Award Trip. Participants will be chosen through an application process. Applications will be mailed to all 4-H Seniors soon. Applications are due to the Extension Office by **Monday, June 30th, 2014 by 5 pm** "Attending Frontier Days in Cheyenne for the day is planned. This is brought to you by the 4-H Leader’s Council."
Leader’s Council Meetings
4-H Leaders, Parents, Junior Leaders, and Members, the Carbon County 4-H Council meetings are usually held the 2nd Tuesday of each month. Check your calendars for times and locations. Anyone can attend!
Next Meeting:
*April 15th, 2014
Rawlins, Carbon Building, Room 368 @ 6 pm
*re-scheduled because Cathy will be chaperoning youth to Washington DC for the National 4-H Youth Conference.

New Family Orientation…??!!
How about having a introduction workshop to the 4H program? It might be a great idea for any new or newer 4H families!! Information on how to navigate the Carbon County program. Topics that could be covered could include deadlines, portfolios, projects, clubs, enrollment, events and contest, 4H logistics and much more. Time for families to ask questions and express any ideas… We want to know if this is something you’d be interested in. Please contact us and let us know.. 328-2642 or Cathy at ccraig@uwyo.edu

There are several new families in our 4-H program and we are happy to welcome you!

*Is there anyone still interested in having a day camp locally? Please contact Cathy at 328-2642 or ccraig@uwyo.edu with your ideas and thoughts. How about a day camp @ Saratoga Lake with canoes?? Or something else, maybe out at Seminoe?? Sounds like we are going to have water this summer!! Send in your ideas and plan to join the group for an exciting day in the sun! We always need volunteers!!

Summer 4-H Camp was a success last year and this summer we have an exciting opportunity! Albany County 4-H, in Laramie, has invited Carbon County 4-H to their 4-H Camp. It will be held just above Centennial at “Table in the Wilderness” camp ground and there will be cabins to sleep in!!!
Details are tentative but more info will be available soon!!

*Save the Date……June 30th—July 2nd, 2014*
The Albany County Jr Leaders are planning this 4-H Camp and their theme this year is “CSI” - (Crime Scene Investigation)… They have a biology teacher that used to be a forensic technician coming! There will also be canoeing and GPS activities.

Carbon County Fair Parade- Start thinking about the upcoming parade for fair!! Since it is 4-H’s 100th Birthday we should get together and plan an amazing float!!! Everyone please plan on participating and let us know about any ideas! 328-2642 or email Cathy at ccraig@uwyo.edu
List of projects where Leaders Are needed!!!

- Aerospace
- Citizenship
- Computers
- Crocheting
- Dairy Cattle
- Entomology
- Health
- Hunting
- Knitting
- Meats Judging
- Recreation
- Sportfishing
- Vegetable Judging
- Visual Arts
- Web Pages
- Wool Judging

Welcome Spring!!