4-H’ers, Leaders, and Families—

I want to start off by congratulating all of the fair participants. It has been a busy month with county fair and then state fair and you all did such a great job. I appreciate all of the hard work that went into your fair projects! If you are interested in seeing a list of fair results for both county and state fair, they can be found online at http://www.uwyo.edu/ces/County/Hot_Springs/4-H.html. Fair checks should be available soon, so be sure to get your Thank You notes turned into the Extension Office.

The due date for Record Books is quickly approaching. Hopefully you have already begun working on them! You will find some tips and guidelines in this newsletter that will hopefully help you finish them up. They are due to your leaders on Monday, September 12th. Remember that in order to successfully complete the 4-H year, a record book (or optional summary) must be submitted in addition to presenting your project at a public event (such as fair). If you have any questions, be sure to contact your club leader or call the Extension Office right away...as time is running out.

October 2nd through the 8th is National 4-H Week. To kick off 4-H week as well as to kick off the new 4-H year, we will be hosting another 4-H Family Fun Bingo Night. The event will be Sunday, October 2nd at 5:00pm at the Fair Building. Club assignments are posted in the newsletter.

Lastly, I hope that you are all enjoying your new classes. Good luck to all of those off to college for the first time. What an exciting time in your lives. We will sure miss you here, but wish you the best of luck!

Jen Cheney
# Events Calendar

### September
- **September 5**: Labor Day—Extension Office closed
- **September 8**: Cowpokes meeting 7:00 pm at RWE
- **September 12**: **Record Books due to Club Leaders**
- **September 12**: 4-H Council meeting 5:30 pm at Extension Office
- **September 12**: Outlaws meeting 7:00 pm at Extension Office
- **September 16**: Record Books due to Extension Office (club leaders only)
- **September 20-30**: Record Books judged
- **September 30**: Last day of 4-H year

### October
- **October 1**: First day of the new 2011-2012 4-H year!
- **October 2-8**: **National 4-H Week!!**
- **October 2**: 4-H Bingo Family Fun Night 5:00 pm at Fair Building
- **October 3**: 4-H Council 5:30 PM @ Extension Office
- **October 6**: Wranglers meeting 6:30 pm at Extension Office
- **October 10**: Columbus Day—Extension Office closed

### November
- **November 6**: Achievement Night 5:00 PM at the Fairbuilding
- **November 7**: 4-H Council 5:30 PM @ the Extension Office
- **November 11**: Veterans Day—Extension Office closed
- **November 24-25**: Thanksgiving Holiday—Extension Office closed

---

## September Birthdays

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>12th</td>
<td>Audrey Axtell</td>
</tr>
<tr>
<td>13th</td>
<td>Tatum Vialpando</td>
</tr>
<tr>
<td>18th</td>
<td>Freddie Coulter</td>
</tr>
<tr>
<td>19th</td>
<td>Jason Clouse</td>
</tr>
<tr>
<td>22nd</td>
<td>Spencer Axtell</td>
</tr>
</tbody>
</table>

**BIRTHDAY!!**

---

## CLUB BUZZ...

**Round Top Wranglers:**

The meeting was held on August 24, 2011 at the county extension office. Meeting was called to order by Jessica Lutz. Pledge of Allegiance was led by Zach Anderson and the 4-H pledge was led by Sydnee Griffin.

**Businesses discussed were the following:**

**Old Business:**
- None

**New Business:**
- Record Books due to leader by September 12, 2011
- Bingo Night October 2, 2011. In order to participate in Bingo Night you must be signed up for 2011-2012 4-H year.
- Achievement Night November 6th, 2011 at 5:00pm

**Special Activity:**
- Cookies and juice

Next meeting is October 6, 2011, at the extension office at 6:30pm.

Submitted by Jessica Lutz
Reminders

Record Books are due to your club leaders by Monday, September 12th!

THANK YOU’S

If you received a ribbon at fair, please don’t forget to send a Thank You note to the Glade Edwards Foundation. They generously donated all of this year’s ribbons for fair.

Glade Edwards Foundation
Jim Wilson / Ruth Claire Johnson
2420 Kirby Creek Road
Thermopolis, WY 82443

Judges Choice Bake Sale & Livestock Thank You’s

Don’t forget to write Thank You notes to your Bake Sale and Livestock buyers. Bring your Thank You notes into the Extension Office in an addressed and stamped envelope and your name will marked off the list. This must be done before your checks will be released.

Everyone who sold either livestock or a baked good at the Junior Livestock Action:

Bank of Thermopolis has donated an extra $10.00 to each exhibitor who participated in the Action. Be sure to thank them!!!

Bank of Thermopolis
701 Shoshoni
Thermopolis, WY 82443

To those who sold livestock at the junior Livestock Action:

Big Horn Coop has donated an extra $10.00 to each 4H member per animal sold. Don’t forget to thank them in addition to your buyer!

Big Horn Coop
P.O. Box 591
Greybull, WY 82426

Attention Shooting Sports Members:

Your record book pages are at the Extension Office...stop in and pick them up!

Items have been brought back from State Fair and can be picked up at the Extension Office.
Can you believe that September is the last month of this 4-H year? I guess time really does fly when you’re having fun! Keep in mind the requirements for successfully completing the 4-H year. By fulfilling these requirements, you will remain in good-standing and advance a year in the 4-H program.

**4-H COMPLETION**

I. Minimum requirements for member completion include:

a. Participation at a public event displaying one or more projects carried during the year. A public event is interpreted as county fair or five or more persons other than the immediate family. Participation at fair without an interview process will not count towards completion (i.e. open class exhibit hall).

b. A member must complete at least one project record in order to be considered complete for the year. Current year’s records must be turned in by county deadlines. Unusual circumstances may be considered by the county 4-H Council and the county extension staff.

c. If a member does not complete the current year and wants to continue with 4-H, the member will repeat a year.

**Achievement Night** will be held Sunday, November 6th at 5:00 PM at the Fair Building. This is the one night a year that we get to recognize our 4-Hers for all of their outstanding work!! For this year’s slideshow, we want to show how our fellow 4-Hers have made a difference by serving their community. So, we are asking you to please email us your pictures of 4-Hers doing community service! Pictures can be sent to Eacel Leonhardt at erleon@rtconnect.net or to Vicki at the Extension Office at v nichols@uwyo.edu. Please send the pictures as soon as you can so we can begin working on the slideshow, but no later than October 28th. Thanks!!
It’s that time of year again….time to turn in your completed Record Books!! During this time, you may be wondering, “Why do we do Record Books??”

The Wyoming 4-H program utilizes a portfolio system (or Record Book) for helping youth to report on their learning experience each year. The Record Book sections help youth plan for their involvement by setting learning goals for each project in which they’ve enrolled, report on their experiences, and account for their successes and involvement. Record Books also provide 4-H members with the opportunity to learn life skills in an area that is vital to any home or business...that of keeping accurate records.

In addition, in order to complete your 4-H year and be considered in “good standing,” you must complete your Record Book and submit it to your club leader by the set deadline. Completing your Record Book is also the only way to achieve Gold Achievement Status and to qualify for Achievement Night awards. If the completion of your Record Book is looked at as a chore, then it will be just that to you. However, if it is looked at as an opportunity to learn and develop record-keeping skills, then it will serve its purpose as an educational experience. What will your attitude be as you are working on your Record Book this year??

**DEADLINE**

**4-H MEMBERS:**

Your completed Record Books are due to your club leader NO later than Monday, September 12th. They cannot be turned into the Extension Office...they must be turned in directly to your club leader.

**TIPS**

...WANT TO MAKE YOUR RECORD BOOK REALLY SHINE?

- Use tabbed dividers between each section of your record book.
- Be sure your record books are signed by you, your parents, and your club leader.
- Fill in your record books as completely as possible. Write N/A in the section if it does not apply to you so that the judge knows you at least read the section.
- BE NEAT! Use the same pen all the way through your record book (or at least the same color ink). Pencil is acceptable for younger members. If you want to make daily entries in a “sloppy copy” then transfer your info into your info into your final record book, the Extension Office will be happy to provide you with a copy of the blank record books.
- Choose pictures that tell a story – trimming your calf, bathing your dog, stirring your cookie batter, etc. and put them in your record book.
- Record exactly what you did—not just “helped with the meeting”. Tell what you helped with—“led the club in songs,” etc.
- Record your meeting attendance and participation in meetings, offices you have and committees you have served on.
YOUR 4-H RECORD BOOK — A STEP-BY-STEP GUIDE

Need a little extra help trying to figure out how to assemble your Record Book? Use this step-by-step guide as a reference. There are a total of 7 sections plus the cover pages. It's not too bad if you just take one section at a time.

 располагаем папку для дневника 4-H для каждого участника программы в первый год. Вы можете использовать папку для хранения дневника. Если дополнительная папка нужна, ее можно приобрести за $2.50 в_EXTENSION OFFICE_. Вы также можете использовать 3-мяпильный дневник, который рекомендуется, если у вас много страниц. Если вы используете 3-мяпильный дневник, обязательно внесите свое имя и название клуба на обложку.

4-H RECORDS:

Это просто. Заполните все поля на листе. Добавьте новый лист каждый год и обязательно перечислите все завершенные проекты, включенные в дневник за текущий год. Не забудьте подписаться на эту страницу вы и ваш родитель, а также лидер клуба.

PORTFOLIO:

Убедитесь, что ваше имя указано на этом листе и напишите текущий 4-H год под надписью "Year". Это накопительный отчет, поэтому просто добавьте его к предыдущим годам. В столбце "Level" вы проставите уровень полученного награждения (например: CL — для уровня клуба; CO — для уровня округа, S — для уровня штата и т.д).

SECTION 1 — PROJECT RECORD:

Это там, где вы положите свои записи по проектам. Вам нужно сделать запись для каждого проекта, который у вас есть... если у вас три 4-H проекта за текущий год, вы должны вставить три записи в этом разделе. Если вам нужны дополнительные записи по проектам, они доступны в_EXTENSION OFFICE_. Если у вас есть вопросы по заполнению записей, обратитесь к вашему лидеру проектов или в_EXTENSION OFFICE_.

SECTION 2 — AWARDS & RECOGNITION:

Это там, где вы записываете все награды, которые вы получили за текущий год 4-H. Это накопительный отчет, поэтому просто добавьте их к предыдущим годам. В столбце "Level" вы просто указываете уровень награждения (например: CL для клубного уровня; CO для управленческого уровня, S для уровня штата и т.д).

SECTION 3 — LEADERSHIP:

В этом разделе вы будете записывать все то, что вы делаете для развития или демонстрации лидерства. Это накопительный отчет, поэтому просто добавьте его к предыдущим годам.

SECTION 4 — COMMUNITY SERVICE:

Надеемся, что у каждого участника есть что-то для включения в этот раздел! Список всех 4-H связанных с общественной деятельностью за текущий год. Включите все то, что приносит пользу вашему клубу или группе участников, другим людям или гражданам сообщества. Этот отчет также накопительный, поэтому просто добавьте его к предыдущим годам.

......continue on next page
SECTION 5—PARTICIPATION & NON 4-H EXPERIENCES:
There are 3 pages to complete in this section...but don't let that scare you...they are all quite easy. The first page, simply check off what state wide 4-H activities you participated in during the current 4-H year. The second page is the same, except it is for county and club activities and events. The third page is where you list all of the non-4H things you have participated in. Here is where you list things such as school activities, sports, other organizations, etc. In the “Level” column in this page, use S for school, C for church, or T for town. Remember that this section is cumulative, so add on to previous years’ listings.

SECTION 6—MY 4-H STORY:
This is where you write YOUR 4-H story for the year. This is where you can emphasize your personal growth and development experienced through the 4-H year. Your story can be anywhere from one to four pages in length (no more than four). This is not a cumulative report, so be sure to remove any previous year's stories and only include your current year 4-H story.

SECTION 7—4-H PHOTOGRAPHS & CLIPPINGS:
This is where you make a photo journal of your 4-H experiences. You may have up to four pages (2 pages for photographs and 2 pages for clippings). Do not include ribbons, certificates or other items. Try to select photographs and clippings that will show your personal growth experiences in the illustrated project areas.

Remember to complete ALL sections of your Record Book!
Don’t leave anything out. If you need help, be sure to call your club leader or the Extension Office!!

NOTE: You have the choice to use an “Optional 4-H Record Summary” which allows project year completion. It is a one page format and is available at the Extension Office. However, Optional Record Books are not eligible for Achievement Awards.

4-H Re-Enrollment
October 1st marks the start of the new 2011-2012 4-H year. So, what does this mean for you? It means that you will need to re-enroll for the new year. You must turn in a 2011-2012 enrollment form, sign a new code of conduct form as well as turn in an updated health form. These forms will soon be available at the Extension Office or can also be picked up from your club leader. Only enrolled individuals are covered by insurance, and therefore only enrolled individuals can participate in 4-H activities...so it is important that you re-enroll if you want to continue to be an active member in the 4-H program. If you have any questions, please call the Extension Office at 864-3421.

Note to leaders: You too need to re-enroll each year to remain an active 4-H leader.
Join Hot Springs County 4-H for
BINGO FAMILY FUN NIGHT

on

Sunday, October 2nd

@ the Hot Springs County Fair Building

5:00pm—Dinner / $5 (pay for dinner at the door)

Bingo & Kiddie Cake Walk to Follow

Tickets for Bingo Cards—$1 each or 6 for $5

4-H Member / Club Assignments are as follows:

• Prepare & Serve Meal—Outlaws
• Marketing (posters & notify paper) — Wranglers
• Set up & take money at the door—Mustangs
• Kiddie Cake Walk—Cowpokes
• Jr. Leaders call Bingo #s and assist as needed
• Clean-up—EVERYONE!!

Each 4-H Member needs to sell 10 tickets and bring (or drop off) one baked good / two baked goods per family.

Each 4-H Club needs to provide two decorated cakes (not cupcakes).

*** Bingo Prizes will be your choice of Home Baked Goods. ***
Character Counts

Caring

Be charitable and altruistic—give money, time, support, and comfort without expecting praise and gratitude.

Caring people are:

- Kind
- Compassionate and show they care
- Express gratitude
- Forgive others
- Help people in need

What is caring?

Caring people love, help, give and are kind. They are caretakers of people, pets, plants, possessions and even the planet.

- Be compassionate and empathetic.
- Be kind, loving, and considerate.
- Be thankful and express gratitude for what people do for you. Forgive others for their shortcomings.
- Help people in need.

Caring in 4-H

Secret Pals

Have each student write his or her name on a piece of paper. Place the names in a jar. Let each student draw a slip of paper. Ask the students not to tell or show anyone the name(s) they drew. Then have them put the slips of paper back into the jar. Explain that each person is a secret pal to the person on the paper that they drew. The assigned task is to be a caring person to this particular person for the day. Remind them that a caring person is compassionate, kind, and helpful. At the end of the day let the students guess and reveal who their secret pal is. Discuss how it feels to offer giving acts and how it feels to receive them.

Adapted from SDSU Cooperative Extension Service.

Like this activity? Find more like it in the “Good Ideas Book” at your local Extension Office.