

# I HAVE AUTISM

I have been diagnosed with autism. My condition affects my ability to communicate and socialize with others. As a result, I have:

- Difficulty making eye contact
- Difficulty answering questions with too many parts
- Difficulty being redirected from topics I am passionate about
- Difficulty understanding abstract thought

I have anxiety and like to stand up and pace when I become overwhelmed, especially if exposed to loud noises or sitting for a long period of time.

Please do not interpret my behavior as being rude, not listening in class or an unwillingness to cooperate. I am not intentionally challenging classroom rules.

***(Please see reverse side for additional information)***



If I exhibit any of these behaviors, I request that you contact the person(s) noted below on my behalf; s/he will confirm my diagnosis and provide information you may need about my identity.

Sincerely,

[insert name here]

***Contacts:***

***Person #1***                      ***(xxx)xxx-xxxx***

***Person #2***                      ***(xxx)xxx-xxxx***

***Person #3***                      ***(xxx)xxx-xxxx***

