WIN the Rockies Jeopardy
Answers and Questions

Round 1

Let’s Get Physical
100  Winter time activity done down hill or cross country.
     What is skiing?
200  House cleaning activity using a large suction tool to clean carpets.
     What is vacuuming?
300  In this sport, if you get three strikes, you are out.
     What is baseball or softball?
400  Public outdoor area where people can swing, run, climb and have fun together.
     What is a playground or park?
500  Two health benefits of being physically active.
     What are:  it is fun
               it gives you more energy
               it makes you feel better
               you spend time with friends
               you learn new skills
               or ???

Eat Well and Enjoy
100  Food group on MyPlate that this food fits into.
     What is the dairy group?
200  Important meal early in the day that is often skipped.
     What is breakfast?
300  Mineral best known for building strong bones and teeth.
     What is calcium?
400  These legumes are often added to burritos.
     What are beans?
500  Number of bread servings in this large 6-ounce bagel.
     What are six servings?

Every BODY is Different
100  Electronic box found in many living rooms that often shows unrealistic images of people.
     What is a television set?
200  ** DAILY DOUBLE** Mammals with white fur and black skin that can weigh up to 1700 pounds. Their insulating fat layer helps them stay warm in the artic. ¹
     What are polar bears?
300  Green paper that is often “spent” on products that say they will make you popular or attractive or rich.
     What is money?
400  The unkind act of making fun of other people because they look different.
     What is teasing, picking on, or bullying?
500 While the average female model wears a size 6/8, the average adult female actually wears this size. $\frac{5}{3}$

What is a size 12/14?

My Choice

100 My favorite outdoor physical activity.

What is: bike riding
          tennis
          soccer
          swimming
          or ???

200 One way I can keep from eating too fast.

What is: eat food slower
          be present while eating
          use all 5 senses
          stop eating when satisfied
          eat with my family
          or ???

300 A sign my body gives me when I am hungry.

What is: stomach growling
          feeling shaky
          having a headache
          stomach hurting
          or ???

400 One of the many ways I can be a good friend to others.

What is: be a good listener
          be honest
          be able to laugh
          be able to have fun
          or ???

500 One example of an outrageous or huge serving of food.

What is: super-sized French fries
          movie theater popcorn
          64-ounce pop
          giant-sized candy bars
          monster cookies
          or ???

Final Jeopardy – Category Let’s Get Physical

Freestyle, butterfly and crawl are all types of this activity.

What is swimming?