Candy Bar without nuts
Serving Size: 1 bar
WIN Kids - Fiber Lesson

Cake Doughnut
Serving Size: 1
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Chili with Beans
Serving Size: 1 cup
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Chicken Noodle Soup
Serving Size: 1 cup
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Corn Chips
Serving Size: 1 ounce
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Corn-flakes Cereal
Serving Size: 1 cup
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