

# WYOMING DEMENTIA RESOURCE GUIDE

FOR CAREGIVERS, FAMILIES, & FRIENDS

(UPDATED JUNE 2018)



## Northwest Region

Counties: Park, Big Horn, Washakie, Hot Springs, Fremont

Larger towns include: Lander, Cody, Thermopolis, Worland, Basin



Wyoming Center on Aging

## Introduction to this guide:

Caring for a person with Alzheimer’s disease or another form of dementia can pose many challenges. It can be difficult to know when help is needed and where to turn. The Wyoming Center on Aging (WyCOA) provides this guide as a source of important information about Wyoming dementia resources available to caregivers, families, and friends.

The WyCOA Dementia Resource Guides, representing the five regions of Wyoming, contain local resources specific to the region as well as reputable national resources and statewide Wyoming resources. These guides present user-friendly information that is particularly useful to those impacted by Alzheimer’s disease.

In addition to printed copies of the guides, the most up-to-date version of each guide is available at [www.uwyo.edu/wycoa](http://www.uwyo.edu/wycoa) in the “Resources on Aging” tab. We welcome your feedback regarding the usefulness of this guide. If there is a resource or information that should be considered for future versions, please let us know.

We hope you find this guide to be useful.

Sincerely,

The WyCOA Team



The Wyoming Center on Aging (WyCOA) has a mission to optimize the health and wellbeing of Wyoming’s older residents and their caregivers through interagency partnerships, basic and applied research, community education and clinical training and services. [www.uwyo.edu](http://www.uwyo.edu) | [wycoa@uwyo.edu](mailto:wycoa@uwyo.edu) | (307) 766-2829

## ONLINE VERSION

---

Visit [www.uwyo.edu/wycoa](http://www.uwyo.edu/wycoa) to download a PDF of the most up-to-date version of this guide

# CONTENTS


<b>National Resources</b> .....	1
Alzheimer’s Association.....	1
Alzheimers.gov.....	1
Alzheimer’s Foundation of America (AFA).....	1
The American Elder Care Research Organization – Paying for Senior Care .....	2
Family Caregiver Alliance .....	2
National Institute on Aging: Alzheimer’s Disease Education and Referral (ADEAR) .....	2
<b>State Resources</b> .....	3
Adult Protective Services.....	3
Alzheimer’s Association – Wyoming Chapter .....	3
Veterans Affairs Medical Center.....	4
National Academy of Elder Law Attorneys.....	4
Wyoming Center on Aging (WyCOA).....	5
Wyoming Department of Health – Aging Division, Community Living Section.....	5
Wyoming Senior Citizens, Inc. ....	6
Wyoming Veterans Commission .....	7
Wyoming Guardianship Corp.....	6
<b>Local Resources – NW Region</b> .....	7
Specialists/Hospitals/Medical Clinics .....	7
Caregiver Support and Resources.....	12
Legal and Financial Planning.....	14
Transportation .....	17
Hospice/Home Health .....	18
Assisted Living.....	20
Nursing Homes with Memory Care.....	23
Meals/Daily Planning.....	26
Veterans Resources .....	26

Senior Companion Program .....	27
Mental Health.....	28
Other Services.....	31
Senior Centers .....	35

## NATIONAL RESOURCES


### ALZHEIMER'S ASSOCIATION

Helpline: 1-800-272-3900

 <https://www.alz.org>


The Alzheimer's Association is dedicated to providing updated information, resources and support to any person suffering from Alzheimer's or caring for those with Alzheimer's.

### ALZHEIMERS.GOV


 <https://www.alzheimers.gov>

Online resource that connects people to care, treatment, financial info, and general info about Alzheimer's.

### ALZHEIMER'S FOUNDATION OF AMERICA (AFA)


 1-866-232-8484


 [info@alzfdn.org](mailto:info@alzfdn.org)

 <https://www.alzfdn.org/>

Online resource that connects people to care, treatment, support groups, social services, and general info about Alzheimer's.


## THE AMERICAN ELDER CARE RESEARCH ORGANIZATION – PAYING FOR SENIOR CARE

 1-641-715-3900 ext. 606151#

 <https://www.payingforseniorcare.com/>

Online resource providing caregiver financial support, cost-saving tips for care, resource locator, and explanation of types of care.


## FAMILY CAREGIVER ALLIANCE

 1-800-445-8106

 [www.caregiver.org](http://www.caregiver.org)

Provides education, services, research, and advocacy for caregivers.

## NATIONAL INSTITUTE ON AGING: ALZHEIMER'S DISEASE EDUCATION AND REFERRAL (ADEAR)

 1-800-438-4380

 [adear@nia.nih.gov](mailto:adear@nia.nih.gov)

### **Websites:**

*Dementia:*


<https://www.nia.nih.gov/health/topics/dementia>

*Alzheimer's Disease:*

<https://www.nia.nih.gov/alzheimers>

## STATE RESOURCES

### ADULT PROTECTIVE SERVICES (APS)


 307-886-9232


 641 S. Washington St. Ste. A | Afton, WY 83110

 <http://dfsweb.wyo.gov/social-services/adult-protective-services-aps>


APS is a social services program provided by state and local governments nationwide serving seniors and adults with disabilities who are in need of assistance. See website for specific county information.

### ALZHEIMER'S ASSOCIATION – WYOMING CHAPTER

 307-316-2892 ext. 8295


 2232 Dell Range Blvd. Ste. 220 | Cheyenne, WY 82009

 Janet Lewis | [jlewis@alz.org](mailto:jlewis@alz.org)

 <http://www.alz.org/wyoming/>


The Alzheimer's Association- Wyoming Chapter is dedicated to providing updated information, resources and support to any person suffering from Alzheimer's or caring for those with Alzheimer's.

## VETERANS AFFAIRS MEDICAL CENTER

 **Cheyenne** | 307-778-7550 | 1-888-483-9127

 2360 E. Pershing Blvd. | Cheyenne, WY 82001

 <http://www.cheyenne.va.gov/>

 **Sheridan** | 307-672-3473 | 1 866-822-6714


Community living center, clinical psychology, geriatric mental health, mobile tele-health, in-patient hospice, home health and in-home care, and in-patient respite services. To view the caregiver video series from the Office of Rural Health follow this link:


<http://www.ruralhealth.va.gov/vets/resources.asp#dem>


Caregiver Support Program 1-855-260-3274

## NATIONAL ACADEMY OF ELDER LAW ATTORNEYS


**Kelly Davis – Davis Elder Law Office, P.C.**

 307-433-0921

 1807 Capitol Ave. Ste. 200B | Cheyenne, WY 82001

 <http://ksdaviselderlaw.com/>


**Lance Harmon – BSHC Law Group**

 307-638-7745


 221 E. 21<sup>st</sup> Street | Cheyenne, WY 82001

 [lth@bshclawgroup.com](mailto:lth@bshclawgroup.com)



 <http://www.bshclawgroup.com/>


**Laura Jackson – Jackson & Ojeda, LLC**

 307-634-5735

 PO Box 21959 | Cheyenne, WY 82003


 [laura@jacksonojeda.com](mailto:laura@jacksonojeda.com)


**Brianne Sherman – Long, Reimer, Winegar,  
Beppler, LLP**

 307-635-0710


 2120 Carey Ave. Ste. 300 | Cheyenne, WY 82001

 PO Box 87 | Cheyenne, WY 82001

 [bsherman@lrw-law.com](mailto:bsherman@lrw-law.com)

 <http://lrw-law.com/>

**WYOMING CENTER ON AGING (WYCOA)**


 1-307-766-2829


 [wycoa@uwyo.edu](mailto:wycoa@uwyo.edu)

 <http://www.uwyo.edu/wycoa/>

The Center provides reliable and updated information and educational resources on aging and caregiving.

**WYOMING DEPARTMENT OF HEALTH –  
AGING DIVISION, COMMUNITY LIVING  
SECTION**


 307-777-7986 | 1-800-442-2766

 [wyaging@wyo.gov](mailto:wyaging@wyo.gov)

 <https://health.wyo.gov/aging/>

The Wyoming Department of Health's Aging Division is committed to providing care, ensuring safety and promoting independent choices for Wyoming's older adults. The Community Living section serves to increase self-sufficiency, safety, health, and wellness of Wyoming's older adults and people with disabilities in the least restrictive environment while supporting their caregivers.

## WYOMING GUARDIANSHIP CORP.


 307-635-1794

 PO Box 2778 | Cheyenne, WY 82003

 <http://www.wyoguardianship.org/>

Increase public awareness of guardianship and the alternatives to guardianship by providing problem solving, advocacy, public education and in-service training.

## WYOMING SENIOR CITIZENS, INC.


 307-856-6880 | 1-800-856-4398


 <http://www.wyomingseniors.com/>

National Family Caregiver Support Program, Senior Companion Program, Long-term Care Ombudsman, WY State Health Insurance Info Program, Senior Medicare Patrol Program.

\*National Caregiver Support Program - see individual counties.

## WYOMING VETERANS COMMISSION

 1-800-833-5987

 <http://wymilitary.wyo.gov/veterans/>


Wyoming Veterans Commission Service Officers inform veterans and family members about State and Federal Benefits. They assist veterans with forms, claims, awards, records, VA Health Care and answer Veteran related questions.

## LOCAL RESOURCES – NW REGION

### SPECIALISTS/HOSPITALS/MEDICAL CLINICS

#### BIG HORN

##### **North Big Horn Hospital District**


 307-548-5200


 1115 Lane 12 | Lovell, WY 82431

 <http://www.nbhh.com/>

Medical and surgical care for inpatient, outpatient and emergency room patients, OT and PT, home oxygen, Infusion Services, pharmacy, radiology, laboratory, and a sleep study lab.

##### **South Big Horn County Hospital**

 307-568-3311

 388 US Highway 20 S. | Basin, WY 82410


 <http://www.southbighornhospital.com/>

Critical access hospital, walk-in clinic, nursing home, emergency room, full lab, x-ray, physical therapy, occupational therapy, speech therapy, and CT scan.

---


## FREMONT

### Fort Washakie Health Center

 307-332-7300


 29 Black Coal Dr. | Fort Washakie, WY 82514


 PO Box 128 | Fort Washakie, WY 82514

 <https://www.ihs.gov/billings/healthcarefacilities/windriver/>

Provides services including medical, community health nursing, dental, and behavioral health services. Works closely with hospitals in Lander and Riverton.

### Lander Valley Family Practice


 307-332-3050


 930 Buena Vista | Lander, WY 82520

 <http://www.landervalleyfamilypractice.com/>

Geriatric family care provider.

### Sage West Healthcare – Riverton


 307-856-4161

 2100 W. Sunset Dr. | Riverton, WY 82501

 <http://www.sagewesthealthcare.com/>

Diagnostic imaging, emergency services, laboratory services, and physical rehab unit.

### **Sage West Healthcare – Lander**


 307-332-4420

 1320 Bishop Randall Dr. | Lander, WY 82520


 <http://www.sagewesthealthcare.com/>

Diagnostic imaging, emergency services, laboratory services, and physical rehab unit.


### **Shoshone Tribal Health Department**


 307-332-6805

 28 Black Coal Dr | Fort Washakie, WY 82514

 <http://www.esthealth.org/contact>

### **Wind River Family & Community Health Care**

 307-856-9281

 14 Great Plains Rd. | Arapahoe, WY 82510

 PO Box 1310 | Arapahoe, WY 82510


 <https://windrivercares.com/>


Provides services including medical, community health nursing, dental, and behavioral health services. Works closely with hospitals in Lander and Riverton.


---

## HOT SPRINGS

### Hot Springs County Memorial Hospital

 307-864-3121

 150 E. Arapahoe St. | Thermopolis, WY 82443


 <http://www.hscmh.org/>

Emergency services, inpatient and outpatient care, imaging, chemotherapy, lab services, PT, cardiopulmonary services, and general surgery/ambulatory services.


---

## PARK

### Billings Clinic – Cody


 307-527-7561

 201 Yellowstone Ave. | Cody, WY 82414

 <http://www.billingsclinic.com/maps-locations/location-profile/?id=7>

Primary care and telemedicine services.

### Frontier Neuroscience


 307-578-1985

 1008 13<sup>th</sup> St. Ste. A | Cody, WY 82414

 <http://www.frontierneuro.com/website?d=home>

Neurological services clinic that includes outreach clinics in Lovell, Powell, Sheridan, and Worland.

## **Powell Valley Healthcare, Inc.**


 307-754-2267


 777 Ave. H | Powell, WY 82435


 <http://www.pvhc.org/>

Full-service medical center with following services; emergency, diagnostic imaging, rehabilitation, surgical.

## **St. Vincent Physician Network – Cody Clinic**


 307-578-2375


 720 Lindsay Ln. Ste. A | Cody, WY 82414

 <http://www.svh-mt.org/location-info/cody-wy/svnpn-cody-clinic-720-lindsay-lane-suite-a-cody-wy-82414-3075781800/>

Provides routine health services and chronic and acute illnesses. Specialized care coordination available.

## **West Park Hospital**

 307-527-7501

 707 Sheridan Ave. | Cody, WY 82414


 <http://www.westparkhospital.org/>

Full-service medical center.

---

## **WASHAKIE**

### **Washakie Medical Center**

 307-347-3221

 400 S. 15<sup>th</sup> St. | Worland, WY 82401

 <https://www.bannerhealth.com/locations>


Emergency services, general surgery, heart care, PT, OT.


## CAREGIVER SUPPORT AND RESOURCES


---


### BIG HORN, FREMONT, HOT SPRINGS, PARK

#### **National Family Caregiver Support Program**

 307-856-6880 | 1-800-856-4398

 106 West Adams Ave. | Riverton, WY 82501


 Kelly Shaffer, NFCSP Manager |  
[fcrmgr@wyoming.com](mailto:fcrmgr@wyoming.com)

 <http://www.wyomingseniors.com/services/>


Provides support for the caregiver caring for functionally dependent older adult.

#### **Wyoming Senior Citizens, Inc. Long-term Care Ombudsman Program** (Also includes Washakie County)

Primary Contact: Analyln Reader

 307-856-6880 | 1-800-856-4398

 [analyln.reader@wyo.gov](mailto:analyln.reader@wyo.gov)

 106 West Adams Ave. | Riverton, WY 82501

 PO Box BD | Riverton, WY 82501



 <http://www.wyomingseniors.com/services/long-term-care-ombudsman>

An Ombudsman acts on behalf of persons who need assistance in advocating their own cause.

---


## FREMONT

**\*\*See matrix for senior center listings starting on page 35.**

---

## HOT SPRINGS

### Support Group held at Common Ground

 307-921-1258

 124 N. 5<sup>th</sup> St. | Thermopolis, WY 82443

 Deanna Culp | [Deanna68@bresnan.net](mailto:Deanna68@bresnan.net)


Support groups provide a forum for individuals, family members and caregivers dealing with Alzheimer's disease to share feelings, concerns and information, and to support each other in coping with the effects of the disease or related disorder. Groups may vary in size, frequency, or meeting time. Some support groups are specialized to meet differing needs, including: people with young onset, and late stage Alzheimer's. In addition, support groups offered for caregivers, caregivers and partners, and ladies and men's groups.


**\*\*See matrix for senior center listings starting on page 35.**

---

## PARK

### Caregiver Support Group

 307-272-0999 | 307-578-2512 | 307-527-7080

 Camy Allen | [camyallen@yahoo.com](mailto:camyallen@yahoo.com)

 <https://westparkhospital.netreturns.biz>

Call or visit website for specific times.

## LEGAL AND FINANCIAL PLANNING

---


### BIG HORN

**None**


---

### FREMONT

#### **The Winter Law Firm, P.C.**


 307-463-1488

 609 E. Washington Ave. | Riverton, WY 82501


 <http://www.winterlaw.com/>

Estate planning.

#### **Frank B. Watkins**

 307-856-1500


 2333 Rose Ln. | Riverton, WY 82501


 [info@frankbwatkins.com](mailto:info@frankbwatkins.com)

 <http://www.frankbwatkins.com/>

Estate planning.

## **Sky D. Phifer**

 307-332-5743

 933 W. Main St. Ste. 6 | Lander, WY 82520


 phiferlaw@gmail.com

Estate Planning.


---


## **HOT SPRINGS**

### **Wyoming Center for Legal Aid**

 General Information: 307-864-3104


To Schedule an Appointment: 307-777-8383

 director@hsclibrary.com

 <https://hotspringscountylibrary.wordpress.com/about>

Hosts free legal advice clinics for low-income residents and military veterans to receive consultations for divorce, child custody, housing, wills & estate planning.

### **Messenger & Overfield**

 307-463-4415 | 866-930-5115

 116 N. 5<sup>th</sup> St. | Thermopolis, WY 82443

 PO Box 111 | Thermopolis, WY 82443


 <http://www.messengeroverfield.com/>


Estate planning.

---


## PARK

### **Bormuth Law**

 307-587-4711

 1632 Beck Ave. | Cody, WY 82414


 PO Box 550 | Cody, WY 82414

 office@bormuthlaw.com


 <http://www.bormuthlaw.com/>


Estate planning.

### **Meinecke & Sitz, LLC**

 307-587-1300


 1513 Beck Ave. | Cody, WY 82414

 PO Box 3129 | Cody, WY 82414

 <http://meineckesitz.com/>

Estate planning.

### **James Allison – Lawyer**

 307-754-5749 | 1-800-304-5749

 PO Box 926 | Powell, WY 82435


 jallison@bresnan.com


Estate planning.

---

## WASHAKIE

### **Greear, Clark, King,. P.C.**

 307-347-9801

 1112 Robertson Ave. | Worland, WY 82401

 <http://www.greearclarkking.com/>

Estate planning.

## TRANSPORTATION

---


### BIG HORN, HOT SPRINGS, PARK, WASHAKIE


**\*\*See matrix for senior center listings starting on page 35.**


---


## FREMONT

### **Wind River Transportation Authority**

 307-856-7118

 2554 Airport Dr. | Riverton, WY 82501

 [info@wrtabuslines.com](mailto:info@wrtabuslines.com)

 <http://www.wrtabuslines.com/index.html>

Offers a variety of services in and around Fremont County and Central Wyoming. This includes fixed bus routes (Inter- and intra-city within Fremont County), airport shuttles, and special group excursions.

**\*\*See matrix for senior center listings beginning on page 35.**

## HOSPICE/HOME HEALTH

*Hospice: Facility or program that provides an environment to help meet the emotional and physical needs of the terminally ill.*

*Home Health: Medical care (including skilled nursing, etc.)*

*Home Care: Housekeeping, errands, meal preparation, etc.*

*PT: Physical Therapy – Treatment by physical methods.*

*OT: Occupational Therapy – Therapy that encourages rehabilitation through activities required in daily life.*

---

## BIG HORN, WASHAKIE

**\*\*See matrix for senior center listings starting on page 35.**


---

## FREMONT

### Frontier Home Health and Hospice


 230 N. 1st St. | Lander, WY 82520

Lander Contact Info:

 307-332-2922

 lander@frontierhhh.com

Riverton Contact Info:

 307-856-4127


 riverton@frontierhhh.com

 <http://www.frontierhhh.com/fremontcounty/index.php>

Hospice, bereavement, grief support groups, and home health care including skilled nursing, PT, OT, and speech therapy.

## **Help for Health Hospice**


### Administration Office Contact Info:


 307-856-1206

 716 College View Dr. Ste. B | Riverton, WY 82501


 helphospice@wyoming.com


### Home Contact Info:

 307-856-1279

 1240 College View Dr. | Riverton, WY 82501

### Lander Satellite Office:

 307-332-1914

 8195 Hwy. 789 | Lander, WY 82520


 [http://www.helpforhealthhospice.org/who\\_we\\_are](http://www.helpforhealthhospice.org/who_we_are)

Hospice care and transition care including help with bathing and pain management.

---

## **HOT SPRINGS**

### **Hot Springs County Memorial Hospital – Home Care Services**

 307-864-5585


 717 Broadway St. | Thermopolis, WY 82443


Home health services including skilled nursing and personal care.


---

## PARK

### **Spirit Mountain Hospice House**


 307-578-2291


 707 Sheridan Ave. | Cody, WY 82414


 <http://www.westparkhospital.org/service-hospice.aspx>

Hospice services provided by West Park Hospital.

### **West Park Hospital Home Health**

 307-578-2413

 707 Sheridan Ave. | Cody, WY 82414

 <http://www.westparkhospital.org/service-home-health.aspx>


Services include wound care, intravenous therapy, diabetic care, acute and chronic disease management, post-hospitalization medical management, urinary catheter management, medical set up and education, PT, OT, and speech therapy, and home safety assessments.

## ASSISTED LIVING

---


## BIG HORN

### **New Horizons Care Center**

 307-548-5200



 1115 Ln. 12 | Lovell, WY 82431


 [http://www.nbhh.com/getpage.php?name=new\\_hORIZONS](http://www.nbhh.com/getpage.php?name=new_hORIZONS)


85 beds for long-term care, 7 beds for assisted living, Alzheimer's unit, intermediate care and assisted living. Affiliated with North Big Horn Hospital District.

---

## FREMONT


### **Homestead Living**


 307-856-5789

 950 Homestead Ave. | Riverton, WY 82501

Medication management and health support. Does not accept Medicare, Medicaid, veteran benefits, long-term care insurance.


### **Showboat Retirement Center**


 307-332-6788

 150 Wyoming St. | Lander, WY 82520

Medication management and health support. Does not accept Medicare, Medicaid, veteran benefits, long-term care insurance.

### **Warm Valley Lodge**

 307-455-2645

 5643 US Hwy. 26 | Dubois, WY 82513

 PO Box 1839 | Dubois, WY 82513

 [warmvalleylodge@wyoming.com](mailto:warmvalleylodge@wyoming.com)


 <http://warmvalleylodgewy.com/>


Assisted living facility that provides medication management, periodic nighttime care, personal care, housekeeping services, exercise, stretching and brain gym, massage, meal preparation, transportation, and health monitoring, supervision, and assistance.


---

## HOT SPRINGS

### Wyoming Pioneer Home

 307-864-3151

 141 Pioneer Home Dr. | Thermopolis, WY 82443


 [www.health.wyo.gov/pioneerhome/index.html](http://www.health.wyo.gov/pioneerhome/index.html)


Licensed assisted living facility owned and operated by the Wyoming Department of Health. Services include: nursing, personal support, dietary, housekeeping and maintenance, recreation, and religious services.

---

## PARK

### Brookdale Absaroka

 307-527-7080


 2401 Cougar Ave. | Cody, WY 82414

 <https://www.brookdale.com/communities/emericus-absaroka/>


Assisted living facility that provides the following services: continence management, dressing and bathing assistance, nursing care, personal check-ins, respite and

hospice care, diabetes care, medication support and management, and ambulation and escort services.

### **The Heartland Assisted Living**

 307-754-7703 | 1-800-428-1398

 639 Ave. H | Powell, WY 82435

 <http://www.pvhc.org/services/heartland-assisted-living.aspx>

Licensed nursing staff, 24-hour health care staff members, medication assistance, and assistance with activities of daily living, emergency call systems in every apartment, individualized service plans and transportation to physician appointments.

---

## WASHAKIE


**None**

## NURSING HOMES WITH MEMORY CARE


---

### BIG HORN

#### **New Horizons Care Center**


 307-548-5200


 1115 Ln. 12 | Lovell, WY 82431

 [http://www.nbhh.com/getpage.php?name=new\\_horizons](http://www.nbhh.com/getpage.php?name=new_horizons)

85 beds for long-term care, 7 beds for assisted living, Alzheimer's unit, intermediate care and assisted living. Affiliated with North Big Horn Hospital District.

## Wyoming Retirement Center

 307-568-2431

 890 US Hwy. 20 S. | Basin, WY 82410


 <http://www.health.wyo.gov/retirement/index.html>

Skilled nursing facility with a memory care unit.


---

## FREMONT

### Wind River Rehabilitation and Wellness


 307-856-9471


 1002 Forest Dr. | Riverton, WY 82501

 <http://www.kindredhealthcare.com/>

Alzheimer's care and dementia, 24-hour skilled nursing care, restorative, ostomy/wound care, pain management, respite care, palliative/comfort and hospice care.

### Morning Star Care Center

 307-332-6902


 4 N. Fork Rd. | Fort Washakie, WY 82514


Intermediate care facility with beds licensed for skilled nursing care. PT, OT, and speech therapy. Alzheimer's care and specialized treatment plans provided.

---

## HOT SPRINGS

### Thermopolis Rehabilitation and Care Center

 307-864-5591

 1210 Canyon Hills Rd. | Thermopolis, WY 82443


 <https://www.facebook.com/pages/Thermopolis-Rehabilitation-Care-Center/158986317458253>

Skilled nursing facility with a memory care unit.


---

## PARK

### **Powell Valley Care Center**


 307-754-2267


 777 Ave. H | Powell, WY 82435

 <http://www.pvhc.org/services/care-center.aspx>

Long-term care facility with an Alzheimer's care unit, affiliated with hospital, Powell Valley Healthcare.

### **West Park Long Term Care Center**

 307-578-2434

 707 Sheridan Ave. | Cody, WY 82414


 <http://www.westparkhospital.org/service-long-term-care.aspx>

Services include: care unit for Alzheimer's disease and other dementias, skilled nursing facility, PT, OT, respiratory therapy, x-ray, laboratory, and pharmacy.


---

## WASHAKIE

### **Worland Healthcare and Rehabilitation Center**

 307-347-4285

 1901 Howell Ave. | Worland, WY 82401

 <https://www.fivestarseniorliving.com/communities/wy/worland/worland-healthcare-rehabilitation-center>

Skilled nursing facility with a memory care unit.

## MEALS/DAILY PLANNING


---

BIG HORN, FREMONT, HOT SPRINGS,  
PARK, WASHAKIE

**\*\*See matrix for senior center listings starting on page 35.**

## VETERAN RESOURCES

### **Sheridan Veterans Affairs Medical Center**

 307-672-3473 | 866-822-6714

 1898 Fort Rd. | Sheridan, WY 82801


 <http://www.sheridan.va.gov/>

Primary care, mental health, extended care and rehabilitation, and caregiver support.


---

BIG HORN, HOT SPRINGS, PARK,  
WASHAKIE

### **Wyoming Veterans Commission**

 307-250-3890

 1026 Blackburn Ave. Ste. 1 | Cody, WY 82414


 <http://wyomilitary.wyo.gov/veterans/service-officers/>

Contact to learn about federal and state veterans' benefits, health care, VA disability and pension claims.


---

## BIG HORN, PARK

### **VA Clinic – Powell**

 307-745-7257

 777 Ave. H | Powell, WY 82435


 <http://www.sheridan.va.gov/locations/Powell.asp>

Primary medical and mental health services available.


---

## FREMONT

### **Wyoming Veterans Commission**

 307-438-2101

 324 E. Washington Ave. | Riverton, WY 82501

 <http://wyomilitary.wyo.gov/veterans/service-officers/>

Contact to learn about federal and state veterans benefits, health care, VA disability and pension claims.


---


## SENIOR COMPANION PROGRAM

---

### BIGHORN, FREMONT, HOT SPRINGS, PARK

Main Office: Kelly Shaffer, SCP Coordinator

 307-856-6880 | 1-800-856-4398

 106 W. Adams Ave. | Riverton, WY 82501

✉ fcrmgr@wyoming.com

📞 <http://www.wyomingseniors.com/services/senior-companion-program>

Companions serve adults age 21 and over who need help in order to remain living independently at home. Companions are trained to assist adults with all kinds of tasks, such as simple chores around the home that are essential, but often impossible for the homebound person to accomplish on their own. Companions are caring individuals age 55 or over.

### Local Station Phone Numbers:

Lovell: 307-548-6556

Hot Springs County: 307-864-2151

Fremont County: 307-856-6880

Cody: 307-587-6221

Powell: 307-754-422

## MENTAL HEALTH

### BIG HORN

#### **Big Horn Basin Counseling Services**

Hotline: 1-800-311-4124

#### Basin Contact Information:


📞 307-568-2020

🏠 116 S. 3<sup>rd</sup> St. | Basin, WY 82410

📮 PO Box 351 | Greybull, WY 82426




## Lovell Contact Information:

 307-548-6543

 1114 Ln. 12 | Lovell, WY 82431

 PO Box 351 | Greybull, WY 82426


 [www.bighornbasincounseling.com](http://www.bighornbasincounseling.com)

Big Horn Basin Counseling Services provides mental health and substance abuse counseling to residents of the greater Big Horn Basin area of Wyoming.

---

## FREMONT

### **Fremont Counseling Service**


 307-332-2231


 748 Main St. | Lander, WY 82520

 <http://fremontcounseling.com/>

Outpatient treatment services for those that require assistance dealing with stress, anger, relationship problems, behavioral problems in children, parenting skills, depression, fear, anxiety, abuse, or grief.

### **Lander Valley Physician Practices, LLC**


 307-332-9577


 830 Lincoln St. | Lander, WY 82520

---

## HOT SPRINGS

### **Tonja Lynn Casciato, LCSW**

 307-864-3211


 316 Broadway St. Ste. 2 | Thermopolis, WY 82443

Licensed and certified in individual, couple, family, and substance abuse therapy.

---

## PARK


### **Edith E. Saville, PhD**

 307-587-2785

 1001 14<sup>th</sup> St. | Cody, WY 82414

Provide counseling services and psychotherapy, both in office and in home visits. Accepts Medicare.

### **Stephen Ward Dominick, LCSW**


 307-587-8439

 1737 Sheridan Ave. Ste. 319 | Cody, WY 82414

Clinical social worker for hospice patients.


## **Yellowstone Behavioral Health Center**


### Cody Contact Information:


 307-587-2197

 2538 Big Horn Ave. | Cody, WY 82414

### Powell Contact Information:

 307-754-5687

 627 Wyoming Ave. | Powell, WY 82435

 <http://www.ybhc.org/>

The Yellowstone Behavioral Health Center provides outpatient mental health services based on income. These services include family, individual, and group therapy, therapeutic services for older adults, medication management and evaluation, psychological testing, case management services, and services to help someone recovering from a serious mental illness to redevelop independent living skills.


---

## WASHAKIE

**None**

## OTHER SERVICES

### **Montana Area II Agency on Aging/ADRC**

 406-323-1320


 1502 4<sup>th</sup> St. W. | Roundup, MT 59072


 Todd Wood | toddw@midrivers.com


 <http://www.area2aging.org/>


Contact for aging services available in Montana.

### **Area Agency on Aging of Eastern Idaho**

 208-522-5391

 935 Lincoln Rd. | Idaho Falls, ID 83405

 PO Box 51098 | Idaho Falls, ID 83405

 [info@eastidahoaging.com](mailto:info@eastidahoaging.com)


 <http://www.eastidahoaging.com/>

Contact for aging services in Idaho.

---

## BIG HORN

### **NOWCAP – Financial Assistance Big Horn County**

 307-347-6185

 500 Fifteen Mile Rd. | Worland, WY 82401

 PO Drawer 158 | Worland, WY 82401

 [www.nowcap.com](http://www.nowcap.com)

Help pay utilities, rental assistance, and home mortgages.

---

## FREMONT

### **Wyoming State Health Insurance Information Program (WSHIIP)**

 307-856-6880 | 1-800-856-82501

 106 W Adams Ave. | Riverton, WY 82501


 PO Box BD | Riverton, WY 82501


 [wshiipmgr@wyoming.com](mailto:wshiipmgr@wyoming.com)

 <http://www.wyomingseniors.com/services/wyoming-state-health-insurance-information-program>


Program to help seniors and others understand Medicare and answer questions.


### **Senior Medicare Patrol Program (SMP)**

 307-856-6880 | 800-856-4398

 106 W. Adams Ave. | Riverton, WY 82501

 PO Box BD | Riverton, WY 82501

 [smpmgr@wyoming.com](mailto:smpmgr@wyoming.com) |  
[smpcoorriv@wyoming.com](mailto:smpcoorriv@wyoming.com)


 <http://www.wyomingseniors.com/services/senior-medicare-patrol>

Recruits and trains volunteers, partners, and senior citizens about how to prevent, recognize, and report health care fraud.

---

## HOT SPRINGS

### **Canyon Village Senior Citizens**

 307-864-2968

 103 S. D Ave. | Thermopolis, WY 82443


 [canyonvillage.tamarack.com](http://canyonvillage.tamarack.com)

Continued care community.


---

## PARK

### **Emergency Services Assistance – YCAN Park County**


 307-754-2073

 335 N. Gilbert St. | Powell, WY 82435


 <http://www.ycanwyoming.com/>

Emergency financial assistance.

## Operation Blue Angel

 307-527-8700

 1402 River View Dr. | Cody, WY 82414

 <http://www.parkcountysheriff.net/blueangel.html>

A program offered through the Park County Sheriff's Department, that allows emergency personnel access to a residence in the event of an emergency.

---

WASHAKIE

**NONE**

# SENIOR CENTERS

Wyoming Senior Center Services - NW Region		Black Coal Senior Center of the Northern Arapahoe Tribe		Cody Council on Aging		High County Senior Center		Hot Springs Senior Center		Lander Senior Center	
County	Fremont	Fremont	Park	Fremont	Fremont	Hot Springs	Fremont	Hot Springs	Fremont	Fremont	
<b>Contact Info</b>	Sherry Blackburn PO Box 396 Ft. Washakie, WY 82514 #4 Great Plains Rd. Arapahoe, WY 82510 307-856-3405 sbum0808@gmail.com	Bonnie Emmett 613 16th St. Cody, WY 82414 307-587-6221 coat@bresnan.net	Angelo Ravanello Susie Sutherland PO Box 918 504 Hays St. Dubois, WY 82513 307-455-2990 hcscenter@dteworld.com	Chanda Waddell 206 Senior Ave. Thermopolis, WY 82443 307-864-2151 hscsr1@live.com	Jane Nolde 205 S 10th St. Lander, WY 82520 307-332-2746 jane.nolde@landerseniorcenter.org						
<b>On-site Meals</b>	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	
<b>Home-delivered Meals</b>	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	
<b>Home Care Services</b>											
<b>Caregiver Support Services</b>								YES	YES	YES	
<b>Transportation Services</b>			YES	YES	YES	YES	YES	YES	YES	YES	
<b>Home Health Care Services</b>											
<b>Medicare Information</b>			YES	YES	YES	YES	YES	YES	YES	YES	
<b>Hospice</b>											
<b>On-site Respite</b>											
<b>In-home Respite</b>											
<b>Caregiver Respite Services</b>								YES	YES	YES	
<b>Other Services</b>			YES	YES	YES	YES	YES	YES	YES	YES	

County	Wyoming State Center Services - NW Region		Meeteetse Senior Center		North Big Horn Senior Center		Powell Senior Center		Riverton Senior Center		Shoshoni Senior Center	
	Park	Big Horn	Park	Big Horn	Park	Big Horn	Park	Big Horn	Fremont	Fremont	Fremont	Fremont
<b>Contact Info</b>	PO Box 461 1105 Park Ave. Meeteetse, WY 82433 307-868-2622	Denise Andersen 757 Great Western Ave. Lovell, WY 82431 307-548-6556 northbig@tctwest.net	Cathy Florian PO Box 1156 248 N. Gilbert St. Powell, WY 82435 307-754-4223 cflorian@tctwest.net	Tina Saunders 303 E. Lincoln Ave. Riverton, WY 82501 307-856-6332 tina73saunders@gmail.com	Lindy Linn PO Box 27 214 E. 2nd St. Shoshoni, WY 82049 307-876-2703 ssccc2@rtcconnect.net							
<b>On-site Meals</b>	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
<b>Home-delivered Meals</b>	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
<b>Home Care Services</b>												
<b>Caregiver Support Services</b>									YES			
<b>Transportation Services</b>			YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
<b>Home Health Care Services</b>			YES	YES	YES	YES	YES	YES				
<b>Medicare Information</b>	YES							YES				
<b>Hospice</b>												
<b>On-site Respite</b>												
<b>In-home Respite</b>			YES	YES	YES	YES	YES	YES				
<b>Caregiver Respite Services</b>				YES								
<b>Other Services</b>	YES									YES		



County	Wyoming Senior Center Services - NW Region		South Big Horn Senior Center Citizens		Ten Sleep Senior Center		Warm Valley Senior Center Citizens		Washakie County Senior Center		Wyoming Senior Center Citizens	
	Big Horn	Washakie	Fremont	Washakie	Fremont	Washakie	Fremont	Washakie	Fremont	Washakie	Fremont	Washakie
<b>Contact Info</b>	Cynthia Johnson 417 S. 2nd St. Greybull, WY 82426 <b>307-765-4488</b> sbhsrcenter@hotmail.com	Randy Fimekas PO Box 319 204 2nd St. Tensleep, WY 82442 <b>307-366-2210</b> tsscdirector@tctwest.net	Alicia Cook PO Box 538 21 N. Fort Rd. Fort Washakie, WY 82514 <b>307-332-8130</b> acookie82514@yahoo.com	Wendy Fredricks PO Box 317 300 S. 14th St. Worland, WY 82401 <b>307-347-3208</b> wsleader@tconnect.net	Herbert Wilcox PO Box BD 106 W. Adams Ave. Riverton, WY 82501 <b>307-856-6880</b> execdir@wyoming.com							
<b>On-site Meals</b>	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES		
<b>Home-delivered Meals</b>	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES		
<b>Home Care Services</b>	YES											
<b>Caregiver Support Services</b>	YES											
<b>Transportation Services</b>	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES		
<b>Home Health Care Services</b>	YES											
<b>Medicare Information</b>		YES										
<b>Hospice</b>												
<b>On-site Respite</b>	YES											
<b>In-home Respite</b>	YES											
<b>Caregiver Respite Services</b>												
<b>Other Services</b>		YES									YES	YES

Notes:

Notes:



**Wyoming Center on Aging**

[www.uwyo.edu](http://www.uwyo.edu) | [wycosa@uwyo.edu](mailto:wycosa@uwyo.edu) | (307) 766-2829

*This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under Grant No. U1QHP28743, Geriatric Workforce Enhancement Program, \$2,549,927. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.*