

## What is ECHO?

Project ECHO is a virtual model for lifelong medical learning and collaborative practice that links front-line healthcare providers with specialist care teams to manage patients who have chronic conditions requiring complex care. It is transforming the way medical knowledge is shared and translated into everyday practice – and, in the process, enabling thousands of people in remote and medically underserved communities to get care they couldn't easily get before, if at all.

Through the UW ECHO® in Geriatrics sponsored by the Wyoming Center on Aging in partnership with Project ECHO; healthcare professionals throughout the state will have the opportunity to receive best-practice recommendations for consideration in management of older adults by presenting challenging cases for discussion and feedback to a network of colleagues as well as a specialist care team. Each ECHO network will also feature a brief community discussion on a variety of important topics related to person centered care and culture change in long term care.

To learn more about Project ECHO visit: <http://echo.unm.edu/>

### Our Specialist Core team:

**Cara Johnson, DO**

Geriatrician

Cheyenne Plaza Primary Care: Cheyenne, WY

**Tonja Woods, PharmD, BCGP**

Geriatric Pharmacist

UW Clinical Associate Professor: Laramie, WY

**Pamela Oiler, LCSW**

Social Worker

UW Family Medicine Residency: Cheyenne, WY

**Mary Kerber, MD**

Neurologist

Cheyenne Medical Specialists: Cheyenne, WY

**Soo Borson, MD**

Geriatric Psychiatrist

University of Washington: Seattle, WA

**Tennille Nelson, PT, DPT, GCS**

Physical Therapist

Ivinson Memorial Hospital: Laramie, WY

**Erin J. Bush, PhD, CCC-SLP**

Speech Language Pathologist

UW Assistant Professor: Laramie, WY

**Carmen Bowman, MHS, BSW**

Regulator turned Educator

Edu-Catering: Catering Education for Compliance and Culture Change: Brighton, CO

The Wyoming Psychological Association has approved CEs for this workshop. WyCOA maintains complete responsibility for the program.

Nursing CEs approved through the Wyoming Hospital Association.

#### ACCME Accreditation Statement



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Colorado Medical Society and University of Wyoming, Wyoming Center on Aging. The Colorado Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

#### AMA Credit Designation Statement

The Colorado Medical Society designates this live activity for a maximum of 1.25 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

\*WyCOA can provide a Certificate of Completion to all other disciplines.



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Mission: The mission of the Wyoming Center on Aging is to optimize the health of Wyoming's older adults and their caregivers through education, intervention, collaboration, and research.

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# UW ECHO in Geriatrics

Supporting  
Person-Centered Care  
& Culture Change in Long  
Term Care

July - December 2018



Providing support to providers who care for older adults by creating a network of colleagues in the region with ease of access to a geriatric specialist care team.

**PROFESSIONAL CONTINUING  
EDUCATION CREDITS ARE AVAILABLE**

~Participation is FREE~

[www.uwyo.edu/wycosa](http://www.uwyo.edu/wycosa)

# UW ECHO® in Geriatrics Network Curriculum

~ Thursdays 12:00pm - 1:15pm ~

A bi-weekly case-conference plus educational presentation

Previous sessions available for viewing:  
Please contact WyCOA for your user name and password

DATE 2018	Community Discussion Topics & Objectives	PRESENTER
July 5th	Independence Day (no network)	
July 19	St. Johns Living Center: Our Story, Their Story...Bringing Culture Change to Life!	Malenda Hoelscher, St Johns Living Center: Jackson, WY
Aug 2	Addressing Falls with Older Adults	Cara Johnson, DO
Aug 16	The Harms of Alarms	Carmen Bowman, BSW, MHS
Aug 30	Falls, a Physical Therapy Perspective	Tennille Nelson, PT, DPT
Sept 13	Falls and Medications: Part of the Problem. Part of the Solution?	Tonja Woods, PharmD, BCGP
Sept 27	Care Coordination: Filling in the Gaps -Part 1	Mountain Pacific Quality Health
Oct 11	Care Coordination: Filling in the Gaps - Part 2	Mountain Pacific Quality Health
Oct 25	Nutrition for the Older Adult	TBD
Nov 8	Introduction to Wounds – Basic Principles and Practices	Cara Johnson, DO
Dec 6	Advanced Wounds - How to Deal with Stubborn Wounds and Bend Them to Your Will	Cara Johnson, DO

More to come!

## General Information:

### Goals/Objectives:

At the conclusion of this activity learners should be able to:

- Develop a network of geriatric care practitioners.
- Create hubs of geriatric expertise in Wyoming.
- Plan ways to support providers who care for geriatric patients.
- Demonstrate knowledge of person-centered care and support culture change in long term care.

### Who is eligible to participate in the UW ECHO® in Geriatrics Network?

Any provider or organization (including physicians, NPs, PAs, nurses, medical assistants, pharmacists, social workers, case managers, mental health staff, OT/PT/SLP, etc.) with an interest in geriatric care. Participation is free.

### Continuing education details:

Continuing education will be available for interdisciplinary healthcare providers including, pharmacy, nursing, social work, psychology, and other healthcare professionals and social service providers.

### Requirements for participation:

- A one-time registration is required. Please call (307) 766-2829 or email wycoa@uwyo.edu.
- 1 case presentation from each site for the 2018 year
- A venue or room for participants at your site which has a PC with a webcam, iPad, or iPhone connected to the internet.
- A designee who is responsible for working with WyCOA on network details.
- All participants are asked to complete an evaluation for each session.

### UW ECHO® in Geriatrics Format:

12:00pm-12:10pm: Welcome & Introductions

12:10pm-12:40pm: Case Presentation & Discussion

12:40pm-1:10 pm: 30 minute Community Discussion

1:10 pm-1:15pm: Closing & Evaluation

**Upon registration, each site will receive the information to log-on to each session.**