

## What is ECHO?

Project ECHO is a virtual model for lifelong medical learning and collaborative practice that links front-line healthcare providers with specialist care teams to manage patients who have chronic conditions requiring complex care. It is transforming the way medical knowledge is shared and translated into everyday practice – and, in the process, enabling thousands of people in remote and medically underserved communities to get care they couldn't easily get before, if at all. Through the UW ECHO® in Geriatrics, sponsored by the Wyoming Center on Aging, healthcare professionals throughout the state have the opportunity to receive best-practice recommendations for consideration in management of older adults. You are invited to present challenging cases for discussion and feedback to a network of colleagues as well as a specialist care team. Each ECHO network will



also feature a brief community discussion on a variety of important topics related to geriatrics.

## Goals/Objectives:

At the conclusion of this activity, learners should be able to: develop a network of geriatric care practitioners; create hubs of geriatric expertise in Wyoming; plan ways to support providers who care for geriatric patients; and increase knowledge of how to access and address opioid misuse in older adults.

To learn more about Project ECHO visit: <http://echo.unm.edu/>

## Contact Us:



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The Wyoming Psychological Association has approved CEs for this workshop. WyCOA maintains complete responsibility for the program. | Nursing CEs approved through the Wyoming Hospital Association. | WyCOA can provide a Certificate of Completion to all other disciplines.



### ACCME Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Colorado Medical Society and University of Wyoming, Wyoming Center on Aging. The Colorado Medical Society is accredited by the ACCME to provide continuing medical education for physicians.

### AMA Credit Designation Statement

The Colorado Medical Society designates this live activity for a maximum of 1.25 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

# UW ECHO in Geriatrics

## Case consultation, networking, and CE/CMEs!

Providing support to providers who care for older adults by creating a network of colleagues in the Rocky Mountain region with ease of access to a geriatric specialist care team

**PROFESSIONAL CONTINUING EDUCATION CREDITS ARE AVAILABLE**  
**Participation is free**



Community Discussion Topics for 2019: February-June



# UW ECHO in Geriatrics Curriculum

Thursdays 12:00 pm – 1:15 pm MST

A biweekly case conference plus educational presentation

## UW ECHO® in Geriatrics Format:

12:00pm-12:10pm: Welcome & Introductions  
12:10pm-12:40pm: Case Presentation & Discussion  
12:40pm-1:10 pm: 30 minute Community Discussion  
1:10 pm-1:15pm: Closing & Evaluation

Community Discussion Topics: 2019 Chronic Pain Management and Opioids	
Feb 14	Best Practices for Opioids & Older Adults <i>Presenter: Cara Johnson, DO</i>
Feb 28	Medication for Management of Chronic Pain with Older Adults <i>Presenter: Natalie Winter, MD</i>
Mar 14	Psychological Effects of Chronic Pain on Older Adults <i>Presenter: Soo Borson, MD</i>
Mar 28	Non-Pharmacologic Management of Chronic Pain with Older Adults <i>Presenter: Tennille Nelson, PT, DPT, GCS</i>
Apr 11	Substance Use to Manage Chronic Pain <i>Presenter: Berton Toews M.D.</i>
Apr 25	Medication Assisted Treatment <i>Presenter: Berton Toews M.D.</i>
May 9	Opioid Legislation & Regulatory Update <i>Presenter: Antoinette Brown, RPH</i>
May 23	Evidenced-Based Programs for Older Adults: A Focus on Falls Prevention <i>Presenter: Tennille Nelson, PT, DPT and WY Dept. of Health Injury &amp; Violence Prevention Program</i>
June 6	Older Adult Driver Safety: Assessment and Resources <i>Presenter: Cara Johnson, DO and WY Dept. of Health Injury &amp; Violence Prevention Program</i>
June 20	Older Adult Driver Safety & More Resources! <i>Presenter: AGS Safe Drive app</i>

**Previous sessions available for viewing: Contact WyCOA for more info!**



# General Information

## Case Consultation and Networking

Healthcare professionals throughout the state are offered the opportunity to receive best-practice recommendations for consideration in the management of older adults by presenting challenging cases for discussion and feedback to a network of colleagues as well as a specialist care team.

## **Interprofessional Specialist Hub Team:**

Cara Johnson, DO. Geriatrician  
Tonja Woods, PharmD, CGP. Geriatric Pharmacist  
Pamela Oiler, LCSW. Social Worker  
Mary Kerber, MD. Neurologist  
Soo Borson, MD. Geriatric Psychiatrist  
Tennille Nelson, PT, DPT. Physical Therapist  
Erin J. Bush, PhD, CCC-SLP. Speech Language Pathologist  
Carmen Bowman, MHS, BSW. Culture Change Expert  
Maya Pignatore, PhD. Psychologist

*And YOU!*

## Experiences of Case Presenters:

*"Thank you. Please pass on to the team how beneficial their guidance has been. I've been able to utilize the info/recommendations, and pass on to many of the professionals I work with. We are proceeding with their recommendations!"*

*"Thanks a million for the copy of the recommendations."*

*"It really is for our benefit, for our residents, and what a wonderful opportunity!!"*

## Requirements for participation:

- A one-time registration is required. Please call (307) 766-2829 or email [wycoa@uwyo.edu](mailto:wycoa@uwyo.edu).
- 1 case presentation from each site for the 2019 year.
- A venue or room for participants at your site that has a PC with a webcam, iPad, or iPhone connected to the internet.
- A designee who is responsible for working with WyCOA on network details.
- All participants are asked to complete an evaluation for each network.  
\*Eval required for CE/CMEs

<https://zoom.us/j/274862793>; or Dial 1 646 558 8656 (US Toll); Mtg ID: 274 862 793

## Continuing Education

Continuing education CEs/CMEs hours will be available for interdisciplinary healthcare providers including pharmacy, nursing, social work, psychology, and other healthcare professionals and social service providers and students for the networks they attend.