

# Wyoming Conference on Aging Preconference Oct 2<sup>nd</sup>, 2018

## HOARDING DISORDER: A COLLABORATIVE COMMUNITY APPROACH

### Agenda:

10:30am-12noon:

- Introductions
- From clutter to chaos to squalor

12:00noon-12:20pm LUNCH provided

12:20pm-2:20pm:

- Hoarding Disorder and Related Diagnoses
- Distress and Interpersonal Aspects; Prevalence Course & Onset; Brain physiology and Neuro-spatial perceptions; Assessment exercise
- Impact on Community and Community Resources

2:20pm-2:30pm BREAK

2:30pm-5pm

- Self-Neglect as Elder Abuse
- Compulsive acquisitions
- Reasons for saving – Value categories
- Treatment Modalities: Medications; Cognitive Behavioral Therapy; Motivational Interviewing; Exposure With Response Prevention (ERP) to reduce acquisitions; Mindfulness; Peer Support Groups; Harm Reduction
- Boots on the ground – Interventions in the home.

The Wyoming Psychological Association has approved CEs for this workshop. WyCOA maintains complete responsibility for the program. Nursing CEs approved through the Wyoming Hospital Association. \*WyCOA can provide a Certificate of Completion to all other disciplines.

### Presenters:



**Anne B. Pagano,**  
LCSW, ACSW,  
BCD, C-ASWCM,  
is a Licensed Clinical  
Social Worker with

over 35 years' experience in direct clinical services, supervision and administration in hospitals, long-term care facilities, and geriatric care management. She is the Executive Director of the Hoarding Disorder Resource and Training Group, Inc., providing continuing educational trainings and consultations to professionals, families and community organizations. She is also the founder of Aging Remix, an organization that provides continuing education presentations on issues of aging, geriatric mental health, ethics and clinical best practices. Anne has trained with Hoarding Disorder Research specialists Dr. Randy Frost, Dr. Gail Steketee, Dr. David Tolin, and Dr. Christiana Bratitot, and has presented at numerous national conferences. Anne holds Master's in Social Work from Simmons College School of Social Work in Boston and a Post-Master's Certificate in Gerontology from the Hunter-Brookdale Center on Aging in New York City, and taught gerontology at the Fordham University School of Social Services as an Adjunct Professor for 9 years.



**Jennifer Hanzlick:**  
Entrepreneur, Speaker  
and Hoarding Expert.  
Jennifer is the founder  
and owner of Clutter  
Trucker, a hoarding

clean out company based in Denver. She provides education and awareness on the topic of hoarding disorder and compassion, to the community, non-profit organizations and local government agencies. In 2015 she started the Colorado Hoarding Task Force. She was a featured speaker at TedX Boulder. She shares what she has learned to inspire change for those who are suffering and helps others to understand this complex mental illness.



**HOARDING DISORDER  
RESOURCE AND  
TRAINING GROUP**

The Hoarding Disorder Resource and Training Group has been established to help address the emotional, physical, social, financial, and legal challenges that accompany hoarding disorder.

<http://www.hoardingdisordergroup.education/>



<https://cluttertrucker.co>

Clutter Trucker is locally owned and operated and provides a complete range of junk removal and hauling services to the Denver Metro and Colorado Springs areas



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