



Exploratory Tracks, Affiliated Majors, and Possible Careers



Human Service, Wellness & Social Science

Overview:

This track focuses directly on majors that emphasize human services and individual wellness. People who are a good match for this track are drawn to serving others, either through education, health and wellness fields, or agencies that serve human needs within our society. Those drawn to these majors and careers are not just interested in how the elements of society work together, they desire a direct role in the functions of society, often in service of others.

Possible Characteristics:

(It's likely that not all of these characteristics will apply to you, but if a majority describe your skills and interests, this track may be a good match for you.)

General concern for the well-being of others and a desire to use your skills and interests to meet physical and emotional needs of other people

Passion for education and pursuing a career that allows you to increase the knowledge of others and prepare them for their own successful lives

Ability to process a wide variety of material from various sources, analyze content for a specific need, and distill information into a concise, applicable message for a specific audience

An interest in how cultural differences contribute to personal and societal issues and outcomes, including healthcare, mental well-being, and interactions with other cultures

Majors at UW	Corresponding Careers
African American & Diaspora Studies	librarian/informational technology specialist, higher education administrator, student support services/student affairs specialist, multicultural programmer, counselor, therapist, vocational

	<p>trainer, crisis service provider, community relations and outreach coordinator, fundraiser, program developer, case manager, advocate, policy developer, program administrator, volunteer coordinator, human resources specialist, equity and diversity officer, multicultural consultant, political staffer, instructor, researcher</p>
American Indian Studies	<p>librarian/informational technology specialist, higher education administrator, student support services/student affairs specialist, multicultural programmer, counselor, therapist, vocational trainer, crisis service provider, community relations and outreach coordinator, fundraiser, program developer, case manager, advocate, policy developer, program administrator, volunteer coordinator, human resources specialist, equity and diversity officer, multicultural consultant, political staffer, instructor, researcher</p>
American Studies	<p>librarian/informational technology specialist, alumni affairs representative, multicultural student programmer, museum curator, artifact/document restorer, collections manager, exhibit designer/installer, archive manager, art authenticator/appraiser, publications developer, docent/volunteer coordinator, public relations specialist, political campaign staffer, historical site interpreter/presenter, city/town management and planning, public policy specialist, community affairs representative, journalist, editor, photojournalist, filmmaker, public mediator, instructor, researcher</p>
Anthropology	<p>librarian/informational technology specialist, museum curator, collections/acquisitions specialist, exhibit designer, installer, historical site interpreter/presenter, records specialist/cataloguer, cultural resource manager (governmental or nongovernmental agencies), cultural conservation specialist, program manager/administrator, legislative compliance reviewer, grant writer, fundraiser/developer for nonprofits/special interest groups, community educator, volunteer coordinator, policy analyst, workforce diversity specialist, documentary film producer, journalist, photojournalist, instructor, researcher</p>

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Communication	<p>A degree in Communication is often combined with a minor or concentration to move toward a variety of careers in human service and wellness areas.</p> <p><i>Here are a few examples:</i> communication, marketing, or fundraising director for social services agency; communication researcher; web/newsletter editor; media producer</p>
Criminal Justice	<p>corrections officer, probation officer, parole officer, juvenile justice officer, public safety/community awareness outreach and program developer, caseworker, prevention services provider, victim advocate, personal/corporate safety consultant, counselor, court reporter/transcriber, court clerk, legal researcher, legal assistance provider, paralegal, patrol officer, security officer, loss prevention specialist, criminal investigator, private security provider, corporate security specialist/consultant, private investigator, internet security specialist, surveillance specialist, instructor/trainer</p>
Elementary Education	<p>elementary education teacher, curriculum coordinator, school administrator, early childhood teacher, English as a second language teacher, instructional facilitator, early childhood administrator</p>
English	<p>An English major is often a gateway subject complementing other fields of study that may result in a wide variety of careers in human services and wellness.</p> <p><i>Here are a few examples:</i> agency communications director, grant writer, wellness advocate, media/newsletter author or producer, human resources administrator</p>
Family and Consumer Sciences	<p>extension service/community outreach coordinator; dietitian for educational, residential, and medical settings; food/health inspector; fashion designer; fashion/retail merchandising; food author/editor; retail/restaurant/hospitality manager; tour director; costume designer; nutrition advocate; agency caseworker; human development consultant</p>
World Languages: French, German, Spanish	<p>A degree in a world language can complement other major fields of study and may lead to a</p>

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	<p>variety of careers in the arts, business, or technology.</p> <p><i>Following are some careers that blend world language study with other fields:</i> instructor; language tutor; translator/interpreter; language analyst; language-specific service provider for law enforcement, the courts, nonprofits, government agencies, or nongovernmental agencies</p>
Gender & Women's Studies	corporate equity and diversity manager, human resources specialist, public relations specialist, women's healthcare specialist, counselor/therapist, case manager, social worker, community relations representative, nonprofit program manager/administrator, journalist, grant writer, policy analyst, instructor, researcher
History	librarian/informational technology specialist, archivist, records/collection manager, documentary editor, attorney, politician, political staffer, corporate historian, historic preservation specialist, historic site curator/interpreter/presenter, museum curator, exhibit designer/installer, collections manager, journalist, editor, instructor, researcher
International Studies	foreign service officer (State Department), nongovernmental agency officer, international banker, international business management, Peace Corps volunteer, legislative assistant, cross-cultural trainer, humanitarian relief worker, public affairs coordinator, overseas English instructor, outreach coordinator, grant writer
Journalism	print/broadcast/digital media reporter, producer, editor, or photo/video journalist; investigative reporter, web/newsletter editor
Kinesiology and Health Promotion	fitness instructor, athletics coach, rehab specialist (cardiac, injury, etc.), personal trainer, recreational therapist, parks and recreation administrator, sportscaster, public relations specialist, fitness choreographer, community health educator, strength and conditioning coach, resort activities director
Nursing	nurse in a variety of fields and settings, including psychiatric mental health, physician's office, case manager, school, legal consultancy, research, diabetes management, nurse midwife, hospital staff, prison, occupational health, pediatric,

	pharmaceutical, public health, hospice, surgery, rehabilitation center, outpatient care, rural, nurse practitioner
Philosophy	attorney, medical services provider, legislative staffer, policy analyst, staffer for governmental and nongovernmental agencies, scientist, comedy writer, instructor, researcher
Physical Education Teaching	physical education teacher for grades K-12, athletic coach, personal trainer, fitness instructor
Psychology	psychotherapist, psychiatrist, therapist, counselor, researcher, social worker, educational psychologist, media/advertising consultant, marketing strategist, human resources manager, corporate trainer
Religious Studies	instructor, researcher, journalist, government/nongovernmental organization aide/staffer, counselor, clergy member, social worker, legal aide, medical services provider, historical or cultural site interpreter/curator/presenter, international business manager, author
Secondary Education: Agricultural Education	agriculture teacher in secondary or post-secondary education, FFA advisor, community/extension agency instructor/director
Secondary Education: English Education	English teacher, literature teacher
Secondary Education: Math Education	math teacher, algebra teacher, geometry teacher, calculus teacher, trigonometry teacher
Secondary Education: Modern Languages Education	French teacher, German teacher, Spanish teacher, art teacher (K-12), geography teacher, history teacher, political science teacher
Secondary Education: Science Education	biology teacher, chemistry teacher, earth science teacher, physics teacher
Secondary Education: Social Studies Education	history teacher, geography teacher, political science teacher
Social Work	social worker specializing in a variety of areas, including, roster care/adoption specialist; child, youth and elderly residential care; community mental health centers; psychiatric and day treatment hospitals; employee assistance programs; schools and universities; jails and prisons; family service agencies; the court system; police departments; probation offices; victim services agencies; advocacy organizations; community centers; state, local, and federal government entities and agencies; community associations; substance abuse treatment programs and residential facilities/clinics;

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	domestic violence agencies; women/children shelters; labor unions; residential facilities for persons with disabilities; medical facilities; veteran's agencies; homeless agencies; Hospice;
Sociology	social worker in nonprofit, healthcare, or public agency setting; urban planner; childcare provider; community advocate; substance abuse educator; rehab counselor; case manager; recreation specialist; eldercare provider; juvenile justice representative; probation and parole administrator/officer; attorney; paralegal; law enforcement officer; instructor; researcher
Speech, Language, and Hearing Sciences	speech-language pathologist specializing in private therapy, public/private schools, neonatal intervention, early childhood intervention, adolescent intervention, brain/trauma rehabilitation, dementia/Alzheimer's intervention, post-secondary instruction and research; audiologist specializing in private practice, school settings, research, or laboratory/manufacturing