

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast							
Lunch							
Supper							
Snacks							
	<input type="checkbox"/> Milk <input type="checkbox"/> Meat & Beans <input type="checkbox"/> Fruits <input type="checkbox"/> Grains <input type="checkbox"/> Veggies <input type="checkbox"/> Whole grains <input type="checkbox"/> Color <input type="checkbox"/> Temp. <input type="checkbox"/> Texture <input type="checkbox"/> Flavor <input type="checkbox"/> Size/Shape <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Activity	<input type="checkbox"/> Milk <input type="checkbox"/> Meat & Beans <input type="checkbox"/> Fruits <input type="checkbox"/> Grains <input type="checkbox"/> Veggies <input type="checkbox"/> Whole grains <input type="checkbox"/> Color <input type="checkbox"/> Temp. <input type="checkbox"/> Texture <input type="checkbox"/> Flavor <input type="checkbox"/> Size/Shape <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Activity	<input type="checkbox"/> Milk <input type="checkbox"/> Meat & Beans <input type="checkbox"/> Fruits <input type="checkbox"/> Grains <input type="checkbox"/> Veggies <input type="checkbox"/> Whole grains <input type="checkbox"/> Color <input type="checkbox"/> Temp. <input type="checkbox"/> Texture <input type="checkbox"/> Flavor <input type="checkbox"/> Size/Shape <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Activity	<input type="checkbox"/> Milk <input type="checkbox"/> Meat & Beans <input type="checkbox"/> Fruits <input type="checkbox"/> Grains <input type="checkbox"/> Veggies <input type="checkbox"/> Whole grains <input type="checkbox"/> Color <input type="checkbox"/> Temp. <input type="checkbox"/> Texture <input type="checkbox"/> Flavor <input type="checkbox"/> Size/Shape <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Activity	<input type="checkbox"/> Milk <input type="checkbox"/> Meat & Beans <input type="checkbox"/> Fruits <input type="checkbox"/> Grains <input type="checkbox"/> Veggies <input type="checkbox"/> Whole grains <input type="checkbox"/> Color <input type="checkbox"/> Temp. <input type="checkbox"/> Texture <input type="checkbox"/> Flavor <input type="checkbox"/> Size/Shape <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Activity	<input type="checkbox"/> Milk <input type="checkbox"/> Meat & Beans <input type="checkbox"/> Fruits <input type="checkbox"/> Grains <input type="checkbox"/> Veggies <input type="checkbox"/> Whole grains <input type="checkbox"/> Color <input type="checkbox"/> Temp. <input type="checkbox"/> Texture <input type="checkbox"/> Flavor <input type="checkbox"/> Size/Shape <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Activity	<input type="checkbox"/> Milk <input type="checkbox"/> Meat & Beans <input type="checkbox"/> Fruits <input type="checkbox"/> Grains <input type="checkbox"/> Veggies <input type="checkbox"/> Whole grains <input type="checkbox"/> Color <input type="checkbox"/> Temp. <input type="checkbox"/> Texture <input type="checkbox"/> Flavor <input type="checkbox"/> Size/Shape <input type="checkbox"/> Nutrition <input type="checkbox"/> Physical Activity