

What can I do with a degree in... Human Nutrition & Food?

UW Department of Family and Consumer Sciences

Students interested in Human Nutrition & Food will major in Family and Consumer Sciences with the Human Nutrition & Food option. The Family and Consumer Sciences Department also offers a Didactic Program in Dietetics, though the career options for Dietetics differ from the options for Human Nutrition & Food (see "Dietetics" information sheet for more information).

There are excellent career opportunities for Nutrition majors. Median salary for many Nutrition careers ranges from \$42,000—\$59,000/year. This major is an excellent preparation for entry into the various fields of medicine. In fact, the Human Nutrition & Food program offers a career track in pre-medicine. Visit the Family and Consumer Sciences website for more specific information about the major:

www.uwyo.edu/fcs

Career Options

- ◆ Agricultural Research & Testing
- ◆ Cooperative Extension Service
- ◆ Community Health Education
- ◆ Community Programming/ Planning
- ◆ Food Product Development
- ◆ Food Service Management
- ◆ Food Quality Control
- ◆ Health and Fitness Consulting
- ◆ Nutrition Consulting
- ◆ Public Relations
- ◆ Sales & Marketing
- ◆ School Nutrition

Employers of Recent Graduates

- ◆ University of Wyoming
- ◆ Culinary positions in restaurants and hospitals



For More Information
Center for Advising and Career Services
Phone: 307-766-2398

Email: uwcacs@uwyo.edu

Website: www.uwyo.edu/cacs



Job Websites

USDA Food & Nutrition Information Center

www.fnic.nal.usda.gov

U.S. Government Jobs (e.g. FDA)

www.usajobs.gov

American Diabetes Association

www.diabetes.org/home.jsp

Health Careers

www.healthcareers.net/careers

Science Careers

www.sciencecareers.sciencemag.org

Wyoming Department of Health

www.health.wyo.gov/main/hr/jobs.html

WY Department of Workforce Services

www.wyomingatwork.com

Graduate Study?

- ◆ A bachelor's degree will qualify students for positions as research assistants, technicians, program coordinators, and consultants, as well as work in publishing, sales, public relations and marketing.
- ◆ An undergraduate degree also provides a solid background for pursuing advanced degrees in other employment areas such as medicine, physical or occupational therapy, sports nutrition, clinical nutrition, culinary sciences, public health, business, etc.
- ◆ A graduate degree and post-graduate experience will allow for more responsibility and advancement in the field of nutrition.

Potential Employers

- ◆ Assisted Living & Long Term Care Facilities
- ◆ Athletics
- ◆ Community Centers
- ◆ Exercise and Fitness Centers
- ◆ Federal Government
- ◆ Food Manufacturers
- ◆ Food Publications
- ◆ Health/Recreation Centers
- ◆ Pharmaceutical Companies
- ◆ Public and Home Health Agencies
- ◆ State Nutrition Services

Internship Websites

U.S. Food & Drug Administration

www.fda.gov/AboutFDA/WorkingatFDA

Internships.com

www.internships.com

School Nutrition Association

www.schoolnutrition.org/Content.aspx?id=10702

USDA Internships

www.usda.gov

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