

University of Wyoming Sample Four-Year Degree Plan
Catalog Year: 2018-19

Family and Consumer Sciences - BSFC Human Nutrition and Food



This degree plan is a guide, to be used for planning in consultation with your academic advisor. Actual course sequence may vary by student. A ▲ symbol identifies courses that must be taken and passed during the suggested semester in order for a student to stay on track toward completing the degree program within four years.

Course Sequence	Course Prefix	Course Number	Course Title	Credit Hours	Min Grade	Notes
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Freshman Fall Semester

			USP First-Year Seminar	3	C	FY
▲	ENGL	1010	College Composition and Rhetoric	3	C	C1
▲	FCSC	1141	Principles of Nutrition	3	C	
▲	LIFE	1010	General Biology	4	C	PN
▲	MATH	1400	College Algebra	3	C	Q
Credit hours subtotal:				16		

Freshman Spring Semester

▲	CHEM	1020	General Chemistry I	4	C	PN
▲	FCSC	1150	Scientific Study of Food	3	C	
	POLS	1000	American and Wyoming Government	3		V
	PSYC	1000	General Psychology	3		H
▲	SOC	1000	Sociological Principles	3		H
Credit hours subtotal:				16		

Sophomore Fall Semester

	CHEM	1030	General Chemistry II	4		PN
▲	FCSC	2141	Nutrition Controversies	2	C	
▲	MOLB	2021	General Microbiology	4		
	STAT	2050	Fundamentals of Statistics	4		May substitute STAT 2070.
Credit hours subtotal:				14		

Sophomore Spring Semester

			FCSC Core ¹	3	C	
	CHEM	2300	Introduction to Organic Chemistry	4		May substitute CHEM 2420
▲	FCSC	2200	Professionalism & Communication in FCSC	3	C	C2
▲	ZOO	3115	Human Systems Physiology	4		
Credit hours subtotal:				14		

This degree plan is a guide for course work in the major. • Course sequencing may need to be altered if ACT or Math Placement scores require a student to take pre-college courses before taking required math or English courses. • Not all courses are offered every semester and some electives may have prerequisites. Students should review course descriptions in the *University Catalog* and consult with their academic advisor to plan accordingly.

University of Wyoming requirements:

Students must have a minimum cumulative GPA of 2.0 to graduate. • Students must complete 42 hours of upper division (3000-level or above) coursework, 30 of which must be from the University of Wyoming. • Courses must be taken for a letter grade unless offered only for S/U. • University Studies Program (USP) Human Culture (H) and Physical & Natural World (PN) courses must be taken outside of the major subject, but can be cross-listed with the major.

Family & Consumer Sciences - Human Nutrition and Food Program notes:

Students are required to pass all courses within the Department of Family and Consumer Sciences with a grade of C or better.

¹ **FCSC Core I** - Choose one of the following:

FCSC 2110 Fundamentals of Aging & Human Development (3 hrs); FCSC 2121 Child Development (4 hrs); FCSC 2131 Family Relations (3 hrs); FCSC 2133 Intimate Relationships (3 hrs); FCSC 3110 Personal Finance (3 hrs); or FCSC 3220 Multicultural Influences on Children & Families (3 hrs).

Notes continued on next page(s).

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Family and Consumer Sciences - BSFC

Human Nutrition and Food



Sequence	Course Prefix	Course Number	Course Title	Credit Hours	Min Grade	Notes
Junior Fall Semester						
	ENGL	4010	Technical Writing in the Professions	3	C	C3
	ZOO	2040	Human Anatomy	3		
	ZOO	2041	Human Anatomy Lab	1		
			Human Nutrition and Food Elective ²	3	C	
			Electives ³	6		
Credit hours subtotal:				16		
Junior Spring Semester						
▲	FCSC	3142	Geriatric Nutrition	2	C	
▲	FCSC	4044	Maternal, Infant and Adolescent Nutrition	3	C	
▲	FCSC	4147	Nutrition and Weight Control	3	C	
			Electives ³	6		
Credit hours subtotal:				14		
Senior Fall Semester						
▲	FCSC	4145	Advanced Nutrition	4	C	
			Electives ³	3		
			Upper Division Elective ³	9		
Credit hours subtotal:				16		
Senior Spring Semester						
			FCSC Core II ⁴	3	C	
▲	FCSC	4150	Experimental Foods	3	C	
			Upper Division Electives ³	9		
Credit hours subtotal:				15		
TOTAL CREDIT HOURS				121		

Family & Consumer Sciences - Human Nutrition and Food Program notes continued:

² **Human Nutrition and Food Elective** - Choose one of the following:

FCSC 3145 Sports Nutrition and Metabolism (3 hrs); FCSC 3147 Community Nutrition (3 hrs); FCSC 3150 Intermediate Foods (2 hrs); or FCSC 3152 Food Systems Production (3 hrs)

³ **Electives and Upper Division Electives:** This program includes 33 credit hours of elective courses that will allow the student to acquire a supporting minor or gain more depth in an area of emphasis. Students should consult with their academic advisor about appropriate courses to best match interests, career goals, and the UW upper division credit hour requirement.

⁴ **FCSC Core II** - Choose one of the following:

FCSC 1165 Introduction to Fashion and Dress (3 hrs) H; FCSC 1180 Applied Design (3 hrs) H; FCSC 2180 Housing (3 hrs); or FCSC 3171 Introductory Textile Science (3 hrs)