

**Course Name:**

Annual Wellness Visit Certificate Course

**Course Description:**

In 2011, Medicare established a new benefit for Medicare Beneficiaries - The Annual Wellness Visit. The Annual Wellness Visit was implemented to focus on health promotion, disease detection, and fostering the coordination of the screening and preventive services for the Medicare Beneficiaries. The Annual Wellness Visit is often misunderstood by providers and patients alike. It is not intended to be an annual physical exam but rather an in-depth consultative visit with the outcome of providing an individualized plan of care for the patient focusing on health and prevention. Additionally, this visit can and should be performed using the team-based approach to care.

Now more than ever, it is imperative that healthcare professionals embrace the team-based approach to care that encourages everyone to work at the highest level of their education and training. Using a team-based approach to care to focus on health and wellness increases access to care, assists patients in making healthy choices, and improves practice workflow. The team-based approach is the only effective means of delivering this Annual Wellness Visit benefit to the growing number of Medicare beneficiaries – currently over 55 million with an additional 10,000 plus added each day.

This course is designed to provide health professionals, such as Nurses, Health Educators, Health Coaches, and alike, with the knowledge, skills, and abilities to conduct this in-depth consultative visit and develop an individualized preventive plan of care as a valuable member of the primary care provider team.

**Course Dates:**

August 9, 2021 – October 18, 2021

**Course Delivery Format:**

The course is divided into five (5) modules. Each module will run for two (2) weeks. The development of annual wellness visit (AWV) skills occurs when knowledge and practice are combined. This Annual Wellness Visit Fundamentals Certificate Course will put knowledge into practice as participants are immersed in this interactive course. The

education will be delivered in a virtual environment using a combination of pre-recorded didactic presentations, asynchronous discussion threads, and a virtual meeting space for a live discussion at the end of each module.

### **Course Outline:**

#### Module 1 – Medicare's Focus on Wellness

- Medicare basics
- Purpose of the wellness visit
- Using a team-based approach

#### Module 2 – Essential Elements Overview

- Using data as information
- Engaging the patient prior to the visit
- Health risk assessment

#### Module 3 – Focus on Specific Risk Assessments

- Understanding depression screening
- Understanding cognitive screening
- Understanding fall risk and home safety screening

#### Module 4 – Overview of the Preventative Plan of Care

- The intent of the Preventative Plan of Care
- Elements required
- Selection of screening tests/procedures

#### Module 5 – Preventative Plan of Care and Next Steps

- Development of care planning
- Connection with community resources
- Follow-up appointment and reimbursement models

### **Course Objectives:**

At the completion of this course, the participant will be able to:

1. Understand the background and intent of the AWV
2. Explain the value of using the team-based approach for AWVs
3. Select appropriate questions for the health risk assessment

4. Translate the data in the medical record into information that impacts the health and wellness of the patient
5. Perform and evaluate the depression, cognitive, and fall risk assessment
6. Educate patients on home safety
7. Differentiate preventative services from medically necessary services
8. Develop a patient-centered individualized preventative plan of care
9. Connect patients with community resources to improve lifestyle behaviors
10. Explain the rules and regulations regarding AWW reimbursement

**Continuing Education Credit Calculations:**

<b>Meets Objectives</b>	<b>Dates</b>	<b>Delivery Method</b>	<b>Time Expectations</b>	<b>Number of Contact Hours</b>
Module 1 Objectives 1&2	August 9, 2021	Recorded Lecture	30 minutes	0.5
		Asynchronous Discussion & Clinical Practice	3 hours	1
	August 23, 2021 Noon (MTN Time)	Live Interactive Discussion and Q&A	50 minutes	1
Module 2 Objective 3	August 23, 2021	Recorded Lecture	30 minutes	0.5
		Asynchronous Discussion & Clinical Practice	3 hours	1
	Sept 7, 2021* Noon (MTN Time) <b>*Tuesday after Labor Day</b>	Live Interactive Discussion and Q&A	50 minutes	1
Module 3 Objectives 4&5	Sept 6, 2021	Recorded Lecture	30 minutes	0.5
		Asynchronous Discussion & Clinical Practice	3 hours	1
	Sept 20, 2021 Noon (MTN Time)	Live Interactive Discussion and Q&A	50 minutes	1
Module 4 Objectives 5&6	Sept 20, 2021	Recorded Lecture	30 minutes	0.5
		Asynchronous Discussion & Clinical Practice	3 hours	1
	October 4, 2021 Noon (MTN Time)	Live Interactive Discussion and Q&A	50 minutes	1
Module 5 Objectives 9&10	October 4, 2021	Recorded Lecture	30 minutes	0.5
		Asynchronous Discussion & Clinical Practice	3 hours	1
	October 18, 2021 Noon (MTN Time)	Live Interactive Discussion and Q&A	50 minutes	1
			<b>Total</b>	<b>12.5</b>

**Instructor Qualifications:**

<b>Nurse</b>		
Name	Credentials (Degree (BSN min), License, Certification)	Experience
Faith M. Jones	MSN, RN, NEA-BC	More than 6 years in care coordination and education – see resume
Heather K. Gilchrist	DNP, MEd, MS, RN	More than 5 years in education and population health– See resume
<b>Non-Nurse</b>		
Name	Credentials (Degree, License, Certification)	

**Advertising Language:**

HealthTech Management Services D/B/A HealthTechS3 is a Provider approved by the California Board of Registered Nursing. Provider Number CEP8769 for 12.5 contact hours. Participant must complete all course work – no partial credit will be given. A certificate of completion will be provided by HealthTechS3 within 30 days of successful completion of the course.