

The Wyoming Center on Aging invites you to view the FREE Caring for the Caregiver Webinar Series 2020

Supporting caregivers of people living with dementia during the holiday season.



Nov 4th-Dec 16th, 2020

Wednesdays from 10:30-11:30am MST



❄️ November 4th: Introduction to the Caregiver Network Series

❄️ November 18th: Taking Care of the Caregiver: Resiliency and Mindfulness during the Holidays



❄️ December 2nd: Taking Care of the Caregiver: Communicating with Family and Friends during the Holidays

❄️ December 16th: Taking Care of the Caregiver: Social Isolation and Celebrating the Holidays



Join us from your computer, tablet or phone! You can register on our website under the Wyoming Dementia Together tab, or by contacting us at wycoc@uwyo.edu or (307) 766-2829. Once registered, you will receive an invitation with the necessary information to join us.

We have a great team of presenters. They are all members of the professional support team for the Wyoming Dementia Together Caregiver Network. The Wyoming Dementia Together Network is a community of experienced professionals who collaborate with caregivers to provide confidential education and support free of cost to those whose loved ones are living with dementia. Receive biweekly education and support that is specifically tailored to you and other families and friends of people living with dementia in the Rocky Mountain region. Contact WyCOA to join the Wyoming Dementia Together Caregiver Network now!



www.uwyo.edu/wycoa
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